# Changes in Lung Membrane Diffusing Capacity for Oxygen Produced by Halothane

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The effect of halothane on membrane diffusing capacity for  $O_2$ (DMO<sub>2</sub>) was measured in isolated left lower lobes of dog lungs using the sodium dithionite method. At 25° C, halothane reduced DMO2 according to the regression equation: per cent control DMO2 = -4.85(per cent halothane) + 97.5 (r = -0.55, P = 0.0007). Although DMO2 was reduced from control by halothane administration, lung volume (V<sub>L</sub>) increased at higher halothane concentrations and tended to restore DMO2 by increasing surface area. There was a better correlation between the DMO<sub>2</sub>/V<sub>L</sub> ratios and per cent halothane: per cent (DMO<sub>2</sub>/ $V_L$ ) = -5.76 (per cent halothane) + 95.6 (r = -0.65, P = 0.00003). Effects of halothane on DMO2 and V1, were reversible and were not influenced by gas mixing efficiency since argon dilution half-times over two decades were unchanged by halothane. It is unlikely that altered vascular recruitment affected the measured DMO2 since resistance to blood flow was unchanged. We conclude that halothane decreases DMO2 by either decreasing the physical diffusion coefficient (D') for O2 or decreasing the effective O2 solubility ( $\alpha$ ), or both, in the alveolar-capillary membrane. (Key words: Anesthetics, volatile: halothane. Lung: alveolar-capillary membrane; blood flow. Measurement techniques: diffusing capacity; sodium dithionite. Oxygen: diffusion.)

THE RESISTANCE to gas diffusion through the anatomic alveolar-capillary membrane (DM) is the ultimate limitation for pulmonary gas exchange. Although the absolute value of DM for any gas is not known with certainty, an understanding of anesthetic effects on DM is necessary to appreciate fully the effects of anesthesia on gas exchange. The consistently observed widening of the alveolar-arterial O<sub>2</sub> difference in anesthetized patients and animals<sup>1,2</sup> could be due, in part, to anesthetic-induced changes in DMO<sub>2</sub>. Using conventional gas exchange methodology, it is extremely difficult to separate changes in DM from distributional inequalities of ventilation, blood flow, or other factors such as hemoglobin amounts and reaction rates. To date, we are unaware of any studies of the effects of anesthesia on DMO<sub>2</sub>.

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## Theory

The Fick equation is commonly used to describe transfer of matter by diffusional processes and we use this theoretic formulation as the basis for interpretation of our membrane diffusing capacity results:

$$J = -AD' \frac{\Delta C}{\Delta x} \tag{1}$$

where:

J = flux (ml/s)

A = surface area for diffusion (cm<sup>2</sup>)

D' = kinematic diffusion coefficient (cm<sup>2</sup>/s)

 $\Delta C$  = concentration gradient

 $\Delta x$  = thickness of homogeneous barrier (cm)

In order to apply equation 1 to diffusion of gas in tissue, the term  $\Delta C$  must be replaced by  $\alpha \Delta P$ , which gives the gaseous concentration difference. The Bunsen solubility coefficient of the gas in the membrane  $(\alpha)$  converts the partial pressure (P) to volumes of dissolved gas:

$$J = -AD' \frac{\alpha \Delta P}{\Delta x}$$
 (2)

By dividing both sides of equation 2 by  $\Delta P$  (in mmHg) and changing seconds to minutes, the units of Fick flux are converted to those of a membrane diffusing capacity ml·min<sup>-1</sup>·mmHg<sup>-1</sup>:

$$DM = J/\Delta P = -\frac{A}{\Delta x} (\alpha D')$$
 (3)

It is clear from inspection of equation 3 that membrane diffusing capacity depends only on the two anatomic properties ( $A/\Delta x$ ) and the two physical properties of the membrane ( $\alpha D'$ ). In the absence of lung volume changes, exposure of the lung to anesthetics would not be likely to alter the membrane surface area (A) or the average membrane thickness ( $\Delta x$ ), but may change the physical diffusion coefficient (D') or effective tissue solubility ( $\alpha$ ) for the diffusing species. In our experiments, any observed changes in DM would therefore be directly proportional to changes in D' or  $\alpha$  in equation 3 if surface area and thickness did not vary, as would be the case with a constant lung volume.

## A New Method for Measuring DM

In order to test the hypothesis that anesthetic exposure alters DM by affecting  $\alpha$  or D' for a gas such as  $O_2$ , it

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Received from Critical Care Research, University of Maryland Institute for Emergency Medical Services, Baltimore, Maryland. Accepted for publication July 27, 1981. Supported in part by USPHS Grant HL10342 and the American Heart Association. Preliminary findings presented at the Molecular Mechanisms of Anesthesia Symposium, Seattle, Washington, 1979.

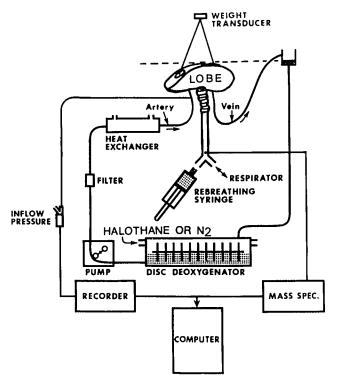


FIG. 1 Excised lobe preparation. Perfusion circuit consists of pump, pressure transducer, filter, flow probe (not shown), heat exchanger, isolated lobe, outflow column for setting "downstream" pressure (zone III) and deoxygenator (disk type). Partial pressures of gases were sampled by capillary leak of mass spectrometer at a point between bronchus and rebreathing syringe. Data were recorded on a Gould-Brush 8-channel recorder and digitized on a PDP 11 (Digital Equipment Corporation) computer for subsequent display and analysis.

is first necessary to have some direct measure of membrane resistance. Recently Burns and Shepard³ have described a direct method for measuring  $DMO_2$  in excised lungs perfused with the chemical sodium dithionite (DTT). In this preparation, capillary  $P_{O_2}$  is everywhere zero, independent of capillary volume or perfusion rate, and DM can be measured by a simple rebreathing technique. We have applied this method in the present study to determine the effects on  $DMO_2$  of exposure to clinical concentrations of halothane (see appendix).

# Materials and Methods

Mongrel dogs of either sex (15–25 kg) were anesthetized with ketamine (10 mg/kg), scopolamine (1–2 mg), and diphenhydramine (50 mg). The femoral artery was cannulated, the dog was heparinized (10,000 units) and one liter of blood rapidly collected in a chilled flask. The left lower lobe of the lung was immediately resected through a left lateral thoracotomy (left fifth intercostal space), suspended horizontally and ventilated by its bronchus. The lobe was supported by two adhesive ECG pads

(Beckman) attached to the pleural surface with Eastman 910 bonding agent and hung from a strain gauge (Grass) so that the venous outflow was at the level of the top of the lobe. Changes in weight were continuously recorded. The pulmonary artery and vein were connected to the closed perfusion circuit illustrated in figure 1. The perfusion circuit consisted of a gas exchanger, roller pump (Sarns), heat exchanger, blood filter (Bently), pulmonary artery pressure ( $P_{PA}$ ) transducer, and an electromagnetic blood flowmeter (Carolina Medical).

The autologous blood was cooled to 25° C and equilibrated with 95 per cent  $N_2$  and 5 per cent  $CO_2$  by recirculating through the gas exchanger prior to perfusing the lobe. The lobe was ventilated with this same gas mixture using a Harvard animal respirator set at 35 breaths/min and 200 ml tidal volume. End-expiratory pressure was 6 cmH<sub>2</sub>O and all rebreathing measurements were begun at end-expiration. Immediately before lung perfusion, 10 g DTT dissolved in 100 ml distilled water and titrated to pH 7.4 with NaOH was added to the original one liter of perfusate. The addition of DTT increased osmolality from 350 to 400 mOs/kg and reduced the hematocrit by approximately 15–20 per cent (combined dilution and hypertonicity).

# PULMONARY VASCULAR REACTIVITY

A temperature of 25° C and ventilation with 95 per cent  $N_2/5$  per cent  $CO_2$  was used to prolong lung viability<sup>4</sup> and prevent depletion of DTT between measurements of DMO<sub>2</sub>. The hypoxic pulmonary artery vasoconstrictive response has been reported absent at temperatures of 25° C or less,<sup>5</sup> and we did not observe increased  $P_{PA}$  under the conditions of anoxia and hypothermia in our experiments. A passive, relaxed pulmonary vascular bed is advantageous because it results in a more even capillary recruitment and maintains low values of  $P_{PA}$ , helping to prevent edema formation.

# DMO<sub>2</sub> MEASUREMENT

The lobes were manually rebreathed (100 to 200 ml tidal volume) with 2 per cent O<sub>2</sub>, 5 per cent CO<sub>2</sub>, balance N<sub>2</sub> for 5–10 s for the DMO<sub>2</sub> measurements (fig. 2). Between rebreathing measurements, the lung was ventilated by the respirator with 95 per cent N<sub>2</sub>, 5 per cent CO<sub>2</sub>. All measurements were made at blood flow rates of 115 to 300 ml/min which gave a P<sub>PA</sub> of 13 to 20 mmHg. This flow rate and perfusion pressure were shown in previous experiments to provide maximal gas exchange and a fully recruited vascular bed. We have verified this for the present experiments by showing that when the vascular bed is fully recruited with DTT, DMO<sub>2</sub> is relatively constant with further increases in flow (table 1).

A capillary leak mass spectrometer probe placed be-

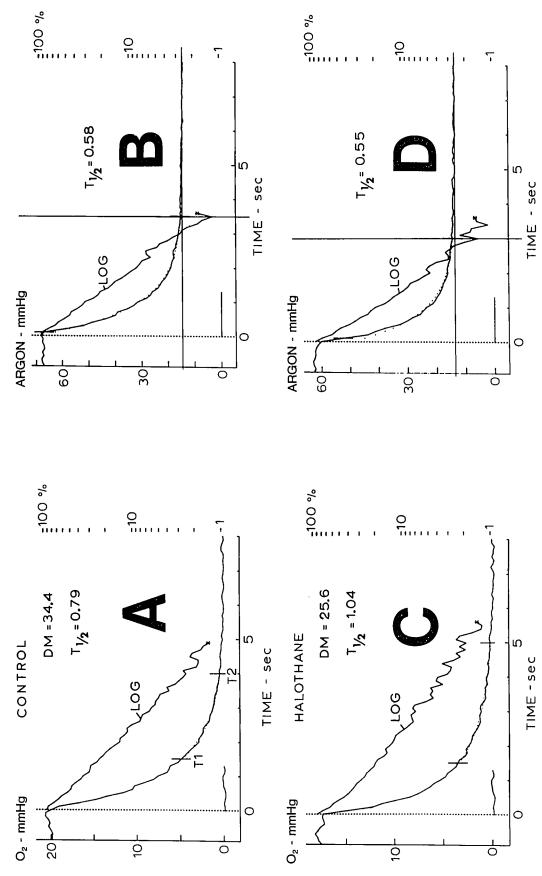


Fig. 2 Appearance and analysis of raw data. Washins photographed from screen of Tektronix 4012 terminal used for interactive determination of O2 and Ar t<sub>1/2</sub>. All runs scaled to 8 s duration, linear scale at left, log scale at right. Time zero marks beginning of rebreathing (±0.2 s). A. Control O<sub>2</sub> alveolar disappearance curve (Dog 2, run 1) and semilog plot generated by computer (LOG) over two decades. Log plot was fit by a straight line (not shown) over the interval (T<sub>1</sub>-T<sub>2</sub>) indicated in linear washin. Slope of straight line from log plot was used for  $t_{1/2}$  (0.79 s) determination and calculation of DMO<sub>2</sub> (34.4 ml·min<sup>-1</sup>·mmHg<sup>-1</sup> STPD). Half-time determination was begun at 1.5 s into washin, a point at which mixing was more than 80 per cent complete (see B). B. Simultaneous argon (Ar) washin during measurement (A). Ar dilution was used to calculate lung volume using the known syringe volume prior to rebreathing. The semilog plot of Ar washin (0.1-3.5 s) was also used to evaluate mixing efficiency (1,1,2 = 0.58 s). The appearance of a straight log plot over two decades indicates minimal inhomogeneities in the distribution of V/V ratios. Ventilatory rate of approximately 120/min was required to make mixing faster than the 02 disappearance rate in (A). Horizontal and vertical cursors DM is slightly different (25.6) than table 2 value due to small variations in positioning hairline cursors (not shown) for asymptote selection and regression interval during replotting and reanalysis. Lobe was ventilated with O2 briefly prior to this measurement (table 2) but DM was not much different than previous measure before O2 exposure indicating absence of significant extravascular DTT. Overall t<sub>1/2</sub> (1.04 s) was noticeably slower on halothane and DM was reduced. D. Simultaneous Ar washin for (C). Note Ar mixing t<sub>1/2</sub> (0.55 s) is virtually unchanged delineate asymptote and T1, T2 for linear regression on log plot for 1,72 determination. C. Same lobe as in (A), but O2 disappearance in presence of 1.7 per cent halothane (Dog 2, run 4). and log plot still approximates a single exponential (dotted line superimposed on lower Ar washin from T = 0.2 s to vertical cursor).

TABLE 1. Flow Effects on DMO<sub>2</sub>

Dog No.	DMO*,	V <sub>I.</sub> (ml)	O <sub>2</sub> t <sub>1/2</sub> (s)	Ar t <sub>1/2</sub> (s)	Q (ml/min)	P <sub>PA</sub> (mmHg)	Wt (g)
1	38.7	591	0.91	0.50	40	8.2	62
	52.6	584	0.67	0.56	115	12.4	67.3
	58.2	585	0.60	0.51	300	19	73.7
2	19.9	357	1.18	0.52	40	11	50.5
	32.9	383	0.76	0.60	115	15	52.5
	32.4	372	0.75	0.49	230	18.5	57
3	33	329	0.66	0.29	40	10	40
	41.8	319	0.52	0.28	113	19	42.5
	43.9	330	0.51	0.30	190	22	44
4	30.5	353	0.73	0.44	36	8.7	42
	44.7	355	0.53	0.38	120	13	48
	42.5	327	0.53	0.40	230	17	50

<sup>\*</sup> DMO<sub>2</sub> =  $ml \cdot min^{-1} \cdot mmHg^{-1}$  (STPD).

tween the rebreathing syringe and the bronchus (fig. 1) measured the disappearance of  $O_2$  and the dilution of argon (Ar). Ar dilution was used to calculate the lung volume. The  $O_2$  disappearance curve and the argon dilution curve were converted by the laboratory minicomputer into two decade semilog plots from which disappearance half-times were measured (fig. 2). The DMO<sub>2</sub> was calculated from a modification of the Krogh<sup>7</sup> equation:

$$DMO_2 = K \cdot V_{LTPS} \tag{4}$$

where: DMO<sub>2</sub> is in ml·min<sup>-1</sup>·mmHg<sup>-1</sup> (STPD); K is a numerical constant consisting of the proportional rate constant ( $-\ln 0.5/t_{1/2}$ ), the conversion of seconds to minutes, atmospheres to mmHg, and lung temperature and pressure (LTPS) to standard conditions (STPD). V<sub>LTPS</sub> is the volume of lung, tubing (14 ml), and syringe (100–200 ml) in ml; t<sub>1/2</sub> is half-time for O<sub>2</sub> disappearance in seconds. At one atmosphere (760 mmHg) and a lung temperature of 25° C, K = [( $-\ln 0.5$ ) (60) (273.1)/(760) (273.1 + 25) (t<sub>1/2</sub>)] or .05/t<sub>1/2</sub>. Thus, under our experimental conditions, equation 4 can be rewritten:

$$DMO_2 = 0.05 V_{LTPS}/t_{1/2}$$
 (5)

Oxygen is consumed by the DTT during the rebreathing measurements and there is a small decrease (<2 per cent) in the total system volume (V<sub>LTPS</sub>) as this occurs. The volume change was so small that it did not significantly alter the calculated DMO<sub>2</sub> and was ignored. In addition, we always used lung volume determined by Ar concentration at the end of rebreathing in the calculations, further minimizing any systematic effects of the 2 per cent volume change on the results.

#### HALOTHANE ADMINISTRATION

Following control measurements of DM, halothane was administered to the lung from a Fluotec MK-II

(cyprane) vaporizor installed in line with the 95 per cent N<sub>2</sub> and 5 per cent CO<sub>2</sub> gas source. The halothane was administered simultaneously through a T-connection to both the gas exchanger (blood phase) and the respirator ventilating the bronchus (gas phase). The alveolar halothane concentration was measured by the mass spectrometer during rebreathing (alveolar plateau). Although the vaporizor was opened maximally (4 per cent) the lung halothane concentration was always less than this maximal value after the 6 to 8 min exposure duration. Although the exposure duration was intentionally short to minimize effects of any potential lung deterioration, and to avoid large changes in weight during exposure or recovery, maximal alveolar halothane levels were generally two to five times the minimal alveolar concentration (MAC) for clinical anesthesia.

DMO2 measurements were made during the washin of halothane at approximately 3-min intervals. The halothane was discontinued after 6 to 9 min, and DMO<sub>2</sub> measurements were repeated approximately every 3 min in most experiments, until the halothane concentration was reduced to near control. The mass spectrometer and vaporizor halothane calibrations were checked against a volumetric standard and an infrared analyzer for accuracy. When the data were analyzed, the halothane effect was independent of whether the halothane level was increasing or decreasing; we have combined all washin and washout values for statistical analysis. In the calculations of results, DMO2 as per cent of control DMO<sub>2</sub> prior to halothane administration was plotted against associated halothane concentration and fitted with a straight line by least squares linear regression (fig. 3A, B). The slopes of the lines from the least squares regression analysis were evaluated by Student's t test for significance of correlation.8 We used a computer program to calculate the direct probability integral from our tstatistic and the appropriate degrees of freedom.

0

IOC DM<sub>O2</sub> (% control 90 r = .5580 P=.0007 70 0 4 Halothane % (V/v)  $DMo_2/V_L$  (% CONTROL) 100 90 r = .6580 P=.00003

FIG. 3 Linear regression analysis of data from table 2. A. Plot of per cent control DM versus per cent halothane concentration. Correlation (r = -0.55) is significant but there is considerable scatter. B. Same data as in (A), except DMO<sub>2</sub> normalized for individual V<sub>L</sub> values since lung volume tended to increase at higher halothane concentrations. Note improvement in correlation (r = -.65) and significance level. Overall relationship (slope) still approximately the same with 20–25 per cent decrease in DMO<sub>2</sub>/V<sub>L</sub> at 3.3 per cent halothane.

#### Validation of Method

Blood Flow. Table 1 illustrates the effects of increasing blood flow rates on the DMO<sub>2</sub>. Argon mixing  $t_{1/2}$  was unaffected by blood flow as would be expected, but DMO<sub>2</sub> increased with increasing flow until all the capillaries were recruited with fluid containing DTT ( $P_{PA}$  = 13–20 mmHg). Further increases in flow beyond maximal recruitment did not significantly influence DMO<sub>2</sub>. As long as the capillaries contained sufficient DTT to keep  $P_{O_2}$  at zero from beginning to end-capillary, the effect of blood flow variation was negligible. We made our control and halothane DMO<sub>2</sub> measurements at a  $\dot{Q}$  and  $P_{PA}$  associated with complete recruitment based on results shown in table 1.

Respiratory Rate. We have examined the effects of rebreathing rate on the measured  $DMO_2$  and argon

mixing half-time in table 2. DMO<sub>2</sub> nearly doubles as rebreathing rate is increased from 40-120/min, with relatively little further change up to the highest rate

Halothane %  $(V_V)$ 

3

4

2

TABLE 2. Rebreathing Rate Effects on DMO<sub>2</sub>

Rebreathing Rate	DMO <sub>2</sub>	V <sub>t.</sub> (ml)	O <sub>2</sub> t <sub>1/2</sub> (s)	Ar t <sub>1/2</sub> (s)
45	18.8	313	1.14	*
60	38.1	323	0.58	(0.45/1.0)+
120	40.4	330	0.55	0.36
180	43.1	335	0.52	0.28

DMO<sub>2</sub> =  $ml \cdot min^{-1} \cdot mmHg^{-1}$  (STPD);  $\dot{Q}$  = 190 ml/min;  $P_{PA}$  = 18–20 mmHg.

<sup>\*</sup> Waveform could not be used with semilog regression technique. + Multiple exponential resolved into two components (fast and slow half-times) over two decades on log plot.

tested (180/min). Argon mixing half-time showed a similar plateau with increasing ventilatory rate. Convective mixing is very important and can be rate limiting when using the DTT method due to the large magnitude of DMO<sub>2</sub>. In order to minimize effects due to mixing rate limitation or ventilation/volume ( $\dot{V}/V$ ) inequalities, we have used a rebreathing rate greater than 120/min in the present study.

#### Results

Table 3 gives the experimental data for nine lung lobes in which the effects of halothane on  $DMO_2$  were determined at 25° C. The control value for each animal represents the  $DMO_2$  immediately prior to halothane administration. Halothane caused a reversible decrease in  $DMO_2$ . The argon mixing half-times in table 3 were

TABLE 3. Data Summary

STENE, LARAVUSO, AND BURNS

TABLE 3. Data Summary										
Dog No. (wt-kg)	Per cent Halothane	DMO₂•	Per cent Control	V <sub>I.</sub>	DMO <sub>2</sub> /VL (× 100)	O <sub>2</sub> t <sub>1/2</sub> (s)	Ar t <sub>1/2</sub> (s)	Ų (ml/min)	P <sub>PA</sub> (mmHg)	Wt (g)
1 (20.9)	0.00 0.89 1.26 1.26 0.37 0.15	58.2 54.7 50.4 46.5† 57.8† 58.1 58.9†	100.0 93.9 86.6 79.9 99.3 99.8 101.2	585 590 565 559 640 603 589	9.95 9.27 8.92 8.32 9.03 9.64 10.0	0.60 0.65 0.68 0.73 0.65 0.62 0.60	0.46 0.53 0.55 0.56 0.55 0.54 0.54	300 300 300 300 300 300 300	19.0 20.0 20.0 19.5 19.5 19.2	73.7 75.5 78.0 78.5 80.0 80.0
2 (19.1)	0.00 1.40 1.70 1.70 0.50 0.13 0.00	34.4 28.7 23.0 25.4† 33.9 38.4 37.1†	100.0 83.4 66.8 73.8 98.5 111.6 107.8	427 401 392 415 419 420 435	8.06 7.16 5.87 6.12 8.09 9.14 8.53	0.79 0.90 1.10 1.04 0.79 0.70 0.74	0.58 0.59 0.53 0.55 0.50 0.49 0.44	230 230 230 230 230 230 230 230	18.2 18.5 18.6 18.0 18.3 18.0 17.2	58.5 60.2 60.5 62.0 66.0 71.0 80.0
3 (18.2)	0.00 2.96 0.00	57.9 42.2† 61.0†	100.0 72.9 105.4	526 531 576	11.0 7.95 10.6	0.55 0.77 0.57	0.40 0.44 0.46	260 260 260	15.0 14.0 11.5	63.4 72.5 87.0
4 (22.7)	0.00 1.40 1.60 0.56 0.17	42.5 33.4† 35.6† 34.5† 36.9	100.0 78.6 83.8 81.2 86.8	327 344 350 361 365	13.0 9.71 10.2 9.56 10.1	0.53 0.69 0.65 0.69 0.65	0.39 0.42 0.40 0.44 0.40	230 230 230 230 230 230	17.0 16.9 16.5 16.5 16.0	50.0 53.5 53.5 54.0 55.0
5 (19.1)	0.00 2.80 3.20 3.20	64.0 49.3 56.5 52.7	100.0 77.0 88.3 82.3	515 527 543 536	12.4 9.36 10.4 9.83	0.53 0.70 0.63 0.67	0.32 0.35 0.34 0.34	115 115 115 115	15.5 14.5 15.0 14.5	63.0 59.0 63.0 63.0
6 (21.8)	0.0 3.1 3.3 0.3	89.2 83.0 80.1 85.8	100.0 93.0 89.8 96.2	750 810 840 798	11.9 10.2 9.54 10.8	0.54 0.61 0.65 0.59	0.44 0.52 0.51 0.51	175 175 175 175	15.5 16.0 16.0 16.3	101 101 104 106.5
7 (20.2)	0.0 3.0 3.3 0.5	56.2 53.8 47.5 58.6	100.0 95.7 84.5 104.0	441 498 512 475	12.7 10.8 9.28 12.3	0.54 0.62 0.71 0.55	0.23 0.28 0.28 0.26	115 115 115 115	12.5 11.5 11.5 12.5	51.0 55.5 58.6 58.6
8 (19.1)	0.0 2.6 3.1 0.8	75.1 71.4 65.7 76.6	100.0 95.1 87.5 102.0	478 498 502 479	15.7 14.3 13.1 16.0	0.43 0.46 0.51 0.42	0.32 0.31 0.36 0.36	285 285 285 285	15.8 15.5 14.8 15.0	71.0 73.5 74.0 76.0
9 (19)	0.0 3.2 2.7 2.7 0.2	43.9 34.2 38.2 34.9† 43.1	100.0 79.4 88.1 80.9 98.0	330 349 348 353 335	13.3 9.8 11.0 9.9 12.8	0.51 0.68 0.61 0.67 0.52	0.30 0.37 0.35 0.27 0.28	190 190 190 190 190	22.0 21.5 21.0 20.3 20.0	44.0 45.0 46.5 46.1 47.0

<sup>\*</sup>  $DMO_2 = ml \cdot min^{-1} \cdot mmHg$  (STPD).

<sup>+</sup> Five breaths of room air prior to DM measurement.

simultaneously measured during rebreathing for  $DMO_2$  but were not correlated with halothane concentration (r = 0.20, P = 0.22). This indicates that halothane administration did not result in gross ventilation/volume ( $\dot{V}/V$ ) inequalities which might have influenced the measured  $DMO_2$ .

Figure 2 shows the effect of halothane on both a typical  $O_2$ -disappearance curve and a simultaneous argon washin. We have combined all the halothane washin and washout points for linear regression analysis in figure 3A in which  $DMO_2$  is plotted as a percentage of the control value vs. halothane concentration. Although we had attempted to hold lung volume (and surface area) constant, there were slight increases in V<sub>L</sub> at the higher halothane concentrations (dogs 6-8). Increased V<sub>L</sub> may have interfered with the halothane effect since DM is proportional to  $V_L$ . To correct for any effects of increasing  $V_L$  we also normalized DMO2 by V1. These data are reported as percentage of control DM/V<sub>L</sub> ratios (fig. 3B), with normalization for lung volume increasing both the correlation coefficient of regression and the significance level of correlation.

Pulmonary artery pressure at constant flow was unchanged by halothane indicating that the available or perfused fraction of the microcirculation was unchanged during the experiments (table 3). There was a slight, permanent increase in lobe weight during halothane exposure in all lobes. We attribute this to increased vascular permeability caused by halothane itself. This increased vascular permeability was rarely observed in the control period or in other experiments in which halothane was not administered. The halothane-related extravascular water accumulation was probably perivascular or peribronchial since DM was not much altered before and after brief O2 ventilation (to deplete extravascular DTT) following the weight gain (table 3), and returned to control after halothane elimination (see discussion). Fluid collection in the alveolar gas exchanging membranes would have altered DM by virtue of the increased thickness or diffusion distance.

## Discussion

According to equation 3, the reversible effects of halothane could be explained by either alterations in the anatomic factors  $(A, \Delta x)$  or changes in the physical properties  $(\alpha, D')$  of the blood-gas barrier.

## ANATOMIC FACTORS

Halothane could decrease  $DMO_2$  by decreasing surface area for gas exchange. This would require either de-recruitment of capillaries (and increased  $P_{PA}$  due to increased resistance) or a decreased lung volume—neither of which was observed. In fact, the gas volume of

some lobes actually increased at higher halothane concentrations but the decreased  $DMO_2$  persisted despite the increase in surface area. Normalizing the  $DMO_2$  for lung volume changes gives a more accurate representation of the halothane effect (fig. 3B).

Thickness ( $\Delta x$ ) of the blood-gas barrier might be increased by halothane leading to decreased DMO<sub>2</sub>. Halothane is known to cause a volume increase in cell membranes, but the change is small (0.1-0.3 per cent) and may not necessarily result in thickness changes since the surface area could vary as well. This small percentage increase in membrane volume would be unlikely to explain the large decrease in DMO<sub>2</sub> that we have observed.

## PHYSICAL PROPERTIES

If the decrease in  $DMO_2$  with halothane is not due to anatomic factors, then it must be due to changes in the physical properties of the barrier (either  $\alpha$  or D'). At present, we are unable to distinguish between the separate effects related to solubility or diffusivity changes. The propensity for anesthetics to order cell water and enhance clathrate formation may decrease the effective diffusivity for  $O_2$  through the aqueous compartments of cells comprising the blood–gas barrier. It is well known that the gaseous diffusion coefficients through ice are at least five orders of magnitude less than those through water. 11

Evidence for a high diffusion resistance of membrane lipids is lacking. In earlier studies, we reported that the Q<sub>10</sub> for DMO<sub>2</sub> (ratio DMO<sub>2</sub> at 35° C/DMO<sub>2</sub> at 25° C) is 1.2–1.3 over the temperature range 5–35° C. 12 This Q<sub>10</sub> is consistent with an aqueous O<sub>2</sub> diffusion pathway.<sup>13</sup> Cell membrane lipids also are believed to undergo a change-in-state at low temperature with significantly increased diffusion resistance.<sup>14</sup> Since we have not observed a critical temperature for DMO2 we infer either that the lipid diffusion pathway is not a primary limitation in DMO<sub>2</sub> or that lung lipids do not have a sharp temperature transition. In support of this, recent studies of O2 diffusion through red blood cell membranes before and after removal of membrane lipids have failed to show any effects of these lipids on O<sub>2</sub> diffusion resistance.<sup>15</sup> Thus, any effects of halothane on the lipid components of the lung cell membranes are unlikely to affect DMO<sub>2</sub>. We must conclude, as in the preliminary studies, 16 that halothane does not decrease DMO2 by decreasing A or by increasing  $\Delta x$ , and that the state of membrane lipids is probably not important as a significant factor in overall diffusion resistance.

#### LIMITATIONS OF THE METHOD

We are assuming that DTT remains in the capillaries so that the effective  $O_2$  diffusion distance is from alveolar

surface to capillary lumen. This assumption is supported by recent studies using labeled  $(SO_4)^-$ , a molecule similar in size and charge to dithionite  $(S_2O_4)^-$ . It has been shown that the lung is very impermeable to  $(SO_4)^-$  which has the same volume of distribution as blue dextran, (an intravascular marker) over at least 10-15 min. <sup>17,18</sup>

If DTT did penetrate the capillary endothelium instantaneously—and there is no evidence for this—then the measurements that we have reported might reflect the diffusing capacity of the alveolar epithelium, or only half the barrier. Even under these extreme and hypothetical conditions, our interpretation of the halothane effects would still be valid. Electron micrographs of the lungs taken post-DTT perfusion in preliminary studies show normal ultrastructure and no evidence of disruption of tight junctions or edema.<sup>11</sup>

In addition, if significant amounts of DTT were present in the interstitium during our measurements, the diffusion distance would change during the rebreathing measurement as  $O_2$  depleted the extravascular DTT stores. This would result in a variable diffusion distance and would produce a multiple-exponential  $O_2$  disappearance log plot. This has not occurred in our study since we have consistently observed a single exponential (fig. 2A)  $O_2$  disappearance curve over one decade.

We believe that lung viability is preserved despite the lack of O<sub>2</sub> in the alveoli or capillaries. According to the transplant literature, lung viability is best preserved in an atmosphere of 95 per cent N<sub>2</sub>/5 per cent CO<sub>2</sub> at reduced temperature.<sup>4</sup> Anoxia alone does not affect capillary permeability<sup>19,20</sup> or the sensitivity to metabolic poisons<sup>21</sup> in excised dog lobes.

# ABSOLUTE MAGNITUDE OF DMO2

The control values of DMO<sub>2</sub> in this study are approximately 20 per cent greater than that first reported using this method.<sup>3</sup> There are several reasons for this change. In the earlier experiments, the rebreathing dead space was larger and the relative efficiency of gas mixing reduced. In recent studies,<sup>22</sup> we have increased rebreathing rate and tidal volume, reduced system dead space, improved mass spectrometer response time, used higher DTT levels, and conducted the experiments at blood flow rates giving more uniform capillary recruitment (P<sub>PA</sub> = 13–20 mmHg) with DTT-containing plasma.<sup>6</sup>

We also have attempted to validate DM values obtained during rebreathing by subsequently measuring the steady state values while ventilating the lung with 2 per cent O<sub>2</sub>, 5 per cent CO<sub>2</sub>, balance N<sub>2</sub>. In general, steady state results have equaled 70 to 95 per cent of the rebreathing values at blood flow rates consistent with maximal recruitment, but at necessarily reduced ventilatory rates (35/min steady state vs. 120/min rebreathing).

Since there is a dependence of DTT DMO<sub>2</sub> on ventilatory rate, the steady state method may be inaccurate because a lower respiratory rate must be used for an accurate end-tidal measurement. However, it is important to note the approximate agreement since extravascular DTT would not contribute significantly to the steady state results unless DTT equilibrium were virtually instantaneous for intravascular and extravascular compartments.

The only independent measures of  $DMO_2$  that we are aware of would be those based on lung morphometry, using measured thickness, surface area,  $\alpha$  and D'. The predicted  $DMO_2$  using these methods still exceeds our values using DTT by 20 to 30 per cent, but morphometry is remarkably close to the DTT value especially when compared with the very large discrepancies (25-fold) between morphometric and conventional physiological estimates of  $DM.^{23}$ 

#### FACILITATED DIFFUSION

The presence of a pulmonary O2/CO carrier was originally proposed by Burns and Gurtner<sup>24</sup> and later shown to be influenced by methoxyflurane exposure in sheep as measured using DLco.25 The presumed carrier was tentatively identified as cytochrome P-450. At the time of these early studies on pulmonary facilitated diffusion, there was considerable uncertainty concerning the true magnitude of anatomic membrane DM in the lung and conventional reasoning was that fully half the resistance to CO uptake in the DLco was due to membrane diffusion limitation. It should be stressed that "membrane" for DLco refers to the anatomic barrier and the plasma and red cell diffusion resistances in series since there is no way to separate these individual components. Given this potentially large apparent membrane resistance, we believed there was an obvious role for a pulmonary carrier for CO (and O2). The early results demonstrating saturation kinetics26 and drug inhibition could equally well have been explained by variations in theta ( $\theta$ , the diffusing capacity of 1 ml blood<sup>27</sup>) and this possibility was never ruled out.

The facilitated diffusion theory is effectively disproven by much of our recent work. 10,14,28 Since the true membrane DM is nearly 25 times larger than previously believed, the actual anatomic membrane diffusion limitation in the conventional DLco is not 50 per cent as we believed, but is less than 4 per cent of the total diffusion resistance. This means that earlier interpretations supporting a carrier were incorrect in placing the rate-limiting process in the alveolar-capillary membrane and the effects of halothane *in vivo* cannot be due to membrane carrier inhibition.

There is more direct evidence against a cytochrome

P-450 type carrier, however. Burns and Shepard have recently shown that the DTT DMO<sub>2</sub> was unchanged when the primary inert gas (88 per cent N<sub>2</sub>) was replaced by CO in excised lobes.<sup>22</sup> Since both O<sub>2</sub> and CO would bind to cytochrome P-450 with a 1:1 relative affinity, the presence of 88 per cent CO should have competetively reduced any facilitated O<sub>2</sub> flux (with only 2 per cent O<sub>2</sub> in the rebreathing mixture). Although the DTT diffusing capacity was developed as a method to prove the existence of a pulmonary O<sub>2</sub> carrier, it has ultimately disproven the membrane carrier hypothesis.

## CLINICAL SIGNIFICANCE

The role of diffusion tends to be ignored because it is difficult to assess with conventional gas exchange methods, and venous admixture or shunt seem to account for the increased (A-a) DO2.29,30 A decrease in DMco with halothane anesthesia was recently reported by Zebrowski and Smith<sup>31</sup> using the method of Roughton and Forster<sup>27</sup> to estimate the membrane component of DLco. Although they measured a 25 per cent reduction in membrane diffusing capacity with halothane concentrations in the range of our study, these changes were not great enough to influence arterial oxygenation. The hypothetical membrane component of the DLco referred to in the Roughton-Forster method represents the diffusibility of CO in the alveolar-capillary membrane, across the plasma barrier surrounding red cells and in the red cell hemoglobin solution within the pulmonary capillary—and not across the alveolar membrane<sup>32</sup> alone as is often inferred.

The results of Zebrowski and Smith are not directly comparable with our own since additional diffusion resistances are involved in the DLco; however, it is provocative that the membrane component of the Roughton-Forster DLco was reduced by about the same fractional amount as the DMO<sub>2</sub> with halothane in the present study. It is reported that the diffusivity and solubility of O<sub>2</sub> in plasma and red cell hemoglobin solutions are approximately the same as in lung tissue. <sup>11</sup> At a molecular level, halothane may affect the true membrane, plasma, and red cell diffusion pathways in the same way and account for these similar findings using the DLco and DTT DMO<sub>2</sub>. Changes in DLco also could be due to effects of halothane on theta (θco), but this has not been studied to our knowledge.

Bergman has measured the DLco before and after halothane anesthesia in patients and reported no significant change. These results could not be readily compared with those of Zebrowski and Smith because Bergman's measurements were done at a single alveolar  $P_{O_2}$ . When we reexamined Bergman's results, there appeared to be a real increase in DLco after halothane, but this was not detected with the independent groups t test

which was used (personal communication). If the one subject in Bergman's study which had a missing measurement (no. 2) is omitted, a paired comparisons t test can be used and gives a significant increase (P = 0.01) in DLco with anesthesia. This increase in DLco is not surprising, considering the pulmonary vasodilitation encountered with halothane and the pronounced sensitivity of DLco to changes in pulmonary capillary volume—a mechanism that also was suggested by Bergman.<sup>30</sup>

Our results are the first directly measured O<sub>2</sub> membrane diffusing capacity changes during anesthetic administration, and although we have observed a 20 to 25 per cent reduction in the true membrane diffusing capacity, these membrane diffusion changes alone cannot account for the widened (A-a) DO<sub>2</sub> during anesthesia. We believe that a similar impairment by halothane on O<sub>2</sub> (and CO) diffusion through the plasma and red cell hemoglobin may occur, but this could not account for the clinically observed widening of the (A-a) DO<sub>2</sub> either. Our data indicate that O<sub>2</sub> gas exchange deficits during anesthesia in humans are most likely due to ventilation/perfusion mismatch in the lung.

The authors thank Drs. R. H. Shepard, G. Nagel and M. C. Rogers for their assistance.

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## APPENDIX

#### Dithionite Reaction Scheme

There are two basic mechanisms<sup>33</sup> for reduction of oxidants by DTT (Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub>). One mechanism involves S<sub>2</sub>O<sub>4</sub><sup>#</sup> (dimer) and the other SO<sub>2</sub><sup>-</sup> (monomer). With the dimer as the reducing species, the reaction can be formally written as:

$$S_2O_4^{-} + (O_2) = S_2O_4^{-} + (O_2)^{-}$$
 (1)

$$S_2O_4^- + (O_2) = 2(SO_2) + (O_2)^-$$
 (2)

The reaction is a competetive second-order process and the product  $S_2O_4^-$  of the first reaction is a highly reactive species that should rapidly reduce another  $(O_2)$  in the second reaction or reform  $S_2O_4^-$ .

With the monomer as the reducing species, the following reaction is seen in which the monomer is in equilibrium with the dimer:

$$S_2O_4^{-} \leftrightarrow 2(SO_2^{-})$$
 (3)

The monomer is very reactive and has a relatively low equilibrium concentration. At high  $S_2O_4^{=}/(O_2)$  ratios,  $(O_2)$  will be reduced with first order kinetics:

$$SO_2^- + (O_2) = SO_2 + (O_2)^-$$
 (4)

The gas  $SO_2$  is derived from reactions involving both the dimer and monomer, and rapidly forms sulfurous acid and sulfates in aqueous media. We have sought to minimize the formation of acid reaction products in the pulmonary capillaries by performing the rebreathing measurements of  $DMO_2$  at a relatively low initial alveolar  $P_{O_2}$  levels (10–15 mmHg  $P_{AO_2}$ ). Generation of heat and acid reaction products from DTT measurements at high  $P_{AO_2}$  levels (>60 mmHg) tends to cause the lungs to deteriorate with rapid edema and evolution of  $CO_2$  into alveolar air as the bicarbonate buffer system responds to the very low capillary plasma pH. In the absence of large amounts of  $O_2$ , the excised, DTT-perfused lungs are remarkably stable at 25° C for long periods (>1 hour).