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LDH₅ Changes after Cholecystectomy or Hysterectomy in Patients Receiving Halothane, Enflurane, or Fentanyl

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The LDH₅ isoenzyme fraction of lactate dehydrogenase is felt to be relatively specific for hepatocellular injury.¹ Klar *et al.*² measured LDH₅ changes in the first 24 hours after elective cholecystectomy and reported this isoenzyme increased more and remained elevated longer after halothane than after methoxyflurane or thiopental-meperidine anesthesia. They suggested their data were consistent with a selective hepatotoxic effect produced by halothane. In contrast, another report failed to document a detrimental effect of halothane when administered to patients undergoing cholecystectomy.³

In view of these conflicting reports, we elected to repeat the study of Klar *et al.* by again determining LDH₅ values before and after elective cholecystectomies performed with halothane-N₂O anesthesia. In addition, LDH₅ measurements were extended to include an additional procedure (hysterectomy) and two other commonly used anesthetic drugs (enflurane and fentanyl).

METHODS

Sixty nonobese adult patients undergoing elective cholecystectomy with intraoperative cholangiography (30 patients) or abdominal hysterectomy (30 patients) were studied. The study protocol was approved by the

Indiana University School of Medicine Human Research Committee. No patient had a history of hepatic disease, was taking drugs known to alter hepatic function, or had previously received a halogenated anesthetic. Preanesthetic medication was with diazepam, 5-10 mg, orally, and atropine, 0.4 mg, im, 60 to 90 min prior to operation. Anesthetic induction was with *d*-tubocurarine, 40 µg/kg, followed by thiamylal, 4 mg/kg, and succinylcholine, 1.5 mg/kg, to facilitate tracheal intubation. Anesthesia was maintained with 60 per cent inspired nitrous oxide and 0.5-1 per cent halothane (20 patients), 0.5-1.5 per cent enflurane (20 patients), or fentanyl (20 patients). Fentanyl was administered iv as a 100-150 µg loading dose and supplemented with 50 µg every 15 min until approximately 30 min before the anticipated completion of operation. Each anesthetic group consisted of ten patients undergoing cholecystectomy or hysterectomy. Patients were randomly assigned to anesthetic groups, with the exception of those receiving halothane for cholecystectomy. These patients were not studied until completion of the other study groups and, therefore, represent ten consecutive patients. Pancuronium was administered to all patients to provide intraoperative muscle relaxation. Intravenous fluid administration consisted of 5-8 ml/kg/hr lactated Ringer's solution. Blood replacement was not necessary in any patient.

Samples of venous blood for LDH₅ determinations were obtained the evening before operation (control) and then one and 24 hours postoperatively. Results were analyzed by analysis of variance, and *P* < 0.05 was considered significant.

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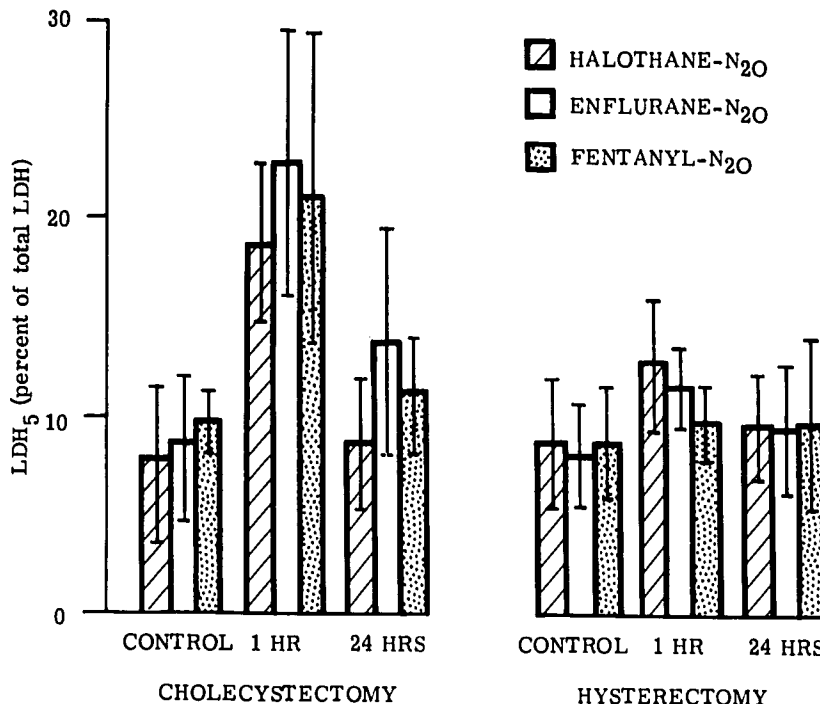
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FIG. 1. LDH₅ (per cent of total LDH, mean \pm SD) before and one and 24 hours after elective cholecystectomy (30 patients) or hysterectomy (30 patients) in patients anesthetized with 60 per cent inspired nitrous oxide plus halothane, enflurane, or fentanyl. Each anesthetic group included ten patients. Normal LDH₅ is 5–16 per cent of total LDH.

LDH₅ did not change following hysterectomies. In contrast, LDH₅ values one hour after cholecystectomies were increased above control ($P < 0.05$) and above corresponding values ($P < 0.05$) in those patients undergoing hysterectomy. These LDH₅ changes were not influenced by the anesthetic drugs. LDH₅ values 24 hours after cholecystectomies were not different from control or corresponding measurements after hysterectomies.



RESULTS

Patient ages, weights, and sex distribution and durations of operations are summarized in table 1.

Control LDH₅ values (normal 5–16 per cent of total LDH) were similar in all groups (fig. 1). One hour after operation, LDH₅ was increased ($P < 0.05$) above control only in patients undergoing cholecystectomy. These one hour measurements were significantly greater than corresponding measurements following hysterectomy. The magnitudes of increase after cholecystectomy were similar for all three anesthetic drug combinations. Twenty-four hours after cholecystectomy, LDH₅ values had decreased and were no longer significantly different from control values or corresponding values following hysterectomy.

LDH₅ changes in individual patients did not reveal any exaggerated response that would have been masked by pooling data. Twenty-four hours after hysterectomy only one patient, anesthetized with fentanyl-N₂O, had an LDH₅ above normal (22 per cent). Twenty-four hours after cholecystectomy LDH₅ was greater than 16 per cent in only four patients (17, 20, 22, and 26 per cent). All these patients had received enflurane-N₂O.

DISCUSSION

The two variables in this study that seemed most likely to contribute to hepatic dysfunction postoperatively were the anesthetic drug (halothane, enflurane, or fentanyl) and the site of operation (upper or lower

abdominal). Other factors that may contribute to postoperative hepatic dysfunction, such as pre-existing hepatic disease, nutritional status, repeated operation, blood transfusion, sepsis, hypotension, and duration of operation, were either absent or similarly present in all study groups.

These data demonstrate that LDH₅ changes postoperatively were similar regardless of the anesthetic drug. The greater LDH₅ increases following cholecystectomies as compared with hysterectomies are in agreement with previous reports demonstrating that proximity of the surgical field to the liver rather than the specific anesthetic drug is the important determinant of postoperative hepatocellular dysfunction.^{4,5} Our data do not support an earlier report that halothane anesthesia for cholecystectomy was associated with greater and more prolonged LDH₅ elevations than those occurring after anesthesia not including halothane.²

A much larger series is necessary to detect the rare

TABLE 1. Patient Data (Mean \pm SD)

	Age (Years)	Weight (kg)	Sex	Duration of Operation (Min)
Cholecystectomy (30 patients)	40 \pm 9	73 \pm 10	F 22 M 8	105 \pm 28*
Hysterectomy (30 patients)	47 \pm 11	66 \pm 12	F 30	145 \pm 35

* $P < 0.05$, cholecystectomy versus hysterectomy.

patient manifesting anesthetic-associated hepatic dysfunction. The importance of the present data is to emphasize the absence of detectable differences between commonly used anesthetic drugs with respect to postoperative hepatic dysfunction. Indeed, evidence of hepatic dysfunction in our study, using a sensitive indicator of hepatocellular damage (LDH_5), was minimal even in those patients undergoing upper abdominal operations. For example, LDH_5 remained above normal in only four of 30 patients one day following cholecystectomy. Although these four patients all had received enflurane, the LDH_5 elevations were minimal, and we feel in this small series should not be interpreted as representing a specific anesthetic effect.

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Bronchoscopy and Reversal of Intracardiac Shunt

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The direction of shunt is from left to right in patients with atrial septal defect, because of the higher left atrial pressure (LAP) compared with the right atrial pressure (RAP).¹ Various conditions, including pulmonary embolism, hypercarbia, acidemia, systemic arterial hypotension, and increased airway pressure, may reverse the shunt and result in arterial hypoxemia.^{2,4} The following case demonstrates the reversal of a left-to-right shunt with the institution of positive-pressure breathing during bronchoscopy.

Report of a Case

A 65-year-old man was admitted with a history of hemoptysis and was scheduled for bronchoscopy. Past history revealed that since birth he had had a heart murmur. He had no limitation of activity, and no history of cyanotic spells. Cardiac catheterization performed during the present admission revealed an atrial septal defect with 4-to-1 left-to-right shunt, with normal valves, coronary arteries, and pressures. Results of other laboratory investigations were within normal limits. Preoperative blood-gas values during breathing of room air were: pH 7.42, P_{O_2} 91 torr, P_{CO_2} 36 torr, and base excess 2.

The patient was premedicated with atropine sulfate, 0.4 mg, and secobarbital, 100 mg, im, an hour prior to the anticipated bronchoscopy. In the operating room, ECG and heart rate were

continuously monitored. Blood pressure was monitored by an appropriate-sized cuff. Prior to the induction of anesthesia, vital signs were: heart rate 84/min, blood pressure 126/88 torr, respiratory rate 16/min. ECG revealed normal sinus rhythm. After preoxygenation, anesthesia was induced with a sleep dose of thiopental and endotracheal intubation was facilitated with succinylcholine. Anesthesia was maintained with 50 per cent nitrous oxide in oxygen, supplemented by fentanyl, and muscular relaxation was maintained by infusion of 0.2 per cent succinylcholine. Ventilation was controlled manually, and breath sounds were satisfactory. An adult-sized flexible fiberoptic bronchoscope was passed through the endotracheal tube, and bronchoscopy revealed a small mass in the right main bronchus. Throughout this time, patient was manually ventilated, and vital signs were stable. It was decided to perform a rigid bronchoscopy to obtain a biopsy of the mass. The patient's trachea was extubated and a 7-mm rigid bronchoscope passed into the trachea without difficulty. A Sanders ventilating attachment was connected to the proximal end of the bronchoscope, and the patient was ventilated at a rate of 15/min using a mixture of 50 per cent nitrous oxide in oxygen delivered by a high-flow $\text{N}_2\text{O}-\text{O}_2$ blender, which delivered the gas mixture at a constant pressure of 50 psi. Vital signs were stable, and chest expansions were good and bilaterally equal with each jet inflation. Analysis of a sample of arterial blood obtained at this time revealed pH 7.44, P_{O_2} 120 torr, and P_{CO_2} 32 torr. After 10 min of bronchoscopy, the patient was noticed to be cyanotic and tachycardic, with a rate of 130/min. An arterial blood sample was drawn, and analysis revealed pH 7.38, P_{O_2} 49 torr, and P_{CO_2} 42 torr. The patient was ventilated with 100 per cent oxygen with the Sander's jet ventilation attachment through the bronchoscope. Since the cyanosis did not abate, another arterial blood sample was drawn, and analysis revealed pH 7.19, P_{O_2} 59 torr, P_{CO_2} 48 torr, and a base deficit of 7. The bronchoscope was withdrawn, the trachea was reintubated with 9-mm endotracheal tube, and manual ventilation was instituted with 100 per cent oxygen. Sodium bicarbonate, 50 mEq, was given iv to correct the metabolic acidosis. Five minutes later, since the cyanosis was still present, another

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