

block hypocapnic bronchoconstriction probably is mediated not through an adrenergic mechanism, but by one that is nonspecific.

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## Propranolol

**DANGERS OF PROPRANOLOL WITHDRAWAL** Because of the potential dangers of anesthesia in the presence of *beta*-adrenergic blockade, some clinicians have advocated that propranolol be discontinued prior to anesthesia and operation. The authors call attention to the possible adverse effects of such an endeavor. Six patients with severe angina had been treated with 240 mg/day of propranolol. In all patients, the frequency of anginal pain had decreased substantially since therapy had been instituted. Propranolol therapy was abruptly discontinued in four patients because of research protocols, in one patient because of lack of availability, and in one patient because of scheduled angiography. In all six patients frequent, prolonged chest pain occurred at rest immediately after propranolol was discontinued. The pat-

tern of pain was distinctly different from that experienced either before or during propranolol therapy. After 2-21 days of continuing unstable angina, three patients had acute myocardial infarction, while a fourth suddenly died. That angina at rest and nocturnal angina appeared in patients never previously experiencing such symptoms, as well as the increase in frequency and severity of pain, suggests that this represented a true rebound phenomenon rather than symptom reappearance. The authors point out that these findings should be considered when abrupt withdrawal of propranolol therapy is contemplated. (Alderman EW, Coltart DJ, Wettach GE, et al.: Coronary Artery Syndromes after Sudden Propranolol Withdrawal. *Ann Intern Med* 81: 625-627, 1974.)