The author is indebted to Professor Benjamin E. Etsten for his enthusiastic support and guid-

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Pediatric Anesthesia

The diagnosis of congenital diaphragmatic DIAPHRAGMATIC HERNIA hernia should be considered in any newborn with signs of repiratory distress. The affected hemithorax usually has decreased respiratory excursions and the abdomen, being devoid of its normal contents, is scaphoid. The affected side of the chest may be dull to percussion, or it may be resonant if obstructed, air-dilated viscera are in the pleural space. The mediastinum usually is shifted away from the hernia. Cardiac sounds usually are heard best to the right of the sternum because most diaphragmatic hernias occur on the left side. In older patients, gastrointestinal, rather than respiratory, symptoms may predominate. A nasogastric tube must be passed promptly to remove gas and secretions from the stomach. This should be performed prior to roentgenographic study, transportation of the infant, or institution of assisted ventilation by face mask. The marked acidosis resulting from hypoxemia must be treated at once and ventilatory support with oxygen through an endotracheal tube is urgently required if there is evidence of respiratory insufficiency. Overinflation of the lungs must be avoided assiduously to prevent production of a pneumothorax. The infant should be placed in a head-up position on the affected side to aid the return of the mediastinum to the midline and compress the herniated viscera rather than the functioning lung. (Whittaker, L. D., Jr., and others: Hernias of the Foramen of Bochdalek in Children, Proc. Mayo Clin. 43: 580 (Aug.) 1968.)