REVIEW ARTICLE

NARCOTIC-NARCOTIC ANTAGONIST MIXTURES

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THE introduction of nalorphine (N-allylnormorphine) into clinical medicine by Eckenhoff, Elder and King in 1952 27 occurred at a time when great interest existed among many investigators in identifying an improved potent analgesic of the morphine type. All newly discovered potent analgesics possessed seemingly obligatory side actions of respiratory depression, sedation, nausea, vomiting, constipa-It was postulated by tion and addiction. some investigators that a combination of a narcotic with a narcotic antagonist would fulfill this objective by antagonizing the side actions of narcotics without antagonizing the primary desirable action of analgesia. Stimulated by this novel approach, many reports appeared in the ensuing years both supporting and denying the validity of the postulate. It was the purpose of this review to summarize and critically examine the data pertaining to the pharmacological effects of narcotic-narcotic antagonist mixtures. In the course of achieving this objective, it was found necessary to review in some detail certain aspects of the antagonism of narcotics by narcotic antagonists, to provide a background against which the data on mixtures could be appraised. The primary question addressed was whether or not it was possible to inhibit selectively the side actions of narcotics by a combination of narcotic and antagonist in a specific dose ratio without interfering with analgesia. The side actions whose elimination was considered most desirable were respiratory depression and addiction liability.

The pharmacology of the narcotic antagonists has been reviewed extensively recently with emphasis on aspects other than that undertaken here.^{32, 41, 89, 133, 139} These reviews contain a complete bibliography of the early work. Therefore, in this review preference

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was given to more recent data even though priority for original observation belonged to an earlier investigator.

GENERAL CONSIDERATIONS

The narcotic antagonists in a generic sense include nonspecific and specific antagonists. Nonspecific antagonists (or analeptics, such as caffeine and methylphenidate) are drugs which are effective against the central nervous system depression of narcotics, barbiturates and anesthetics. This discussion will be confined to the specific antagonists, or drugs whose antagonism is limited to the narcotics including both the central and peripheral effects of narcotics.

Many narcotic antagonists have been developed in recent years. Both Clarke et al.18 and Green, Ruffel and Walton 52 found morphine antagonists among a series of N-substituted normorphine derivatives which they studied. Winter, Orahovats and Lehman 138 compared the antimorphine potencies of a large series of morphine antagonists chemically related to morphine, morphine derivatives, and the synthetic narcotics. Chernov, Miller and Mannering 17 reported on a series of morphinan derivatives which were morphine antagonists, one of which was subsequently studied in man. 99, 121, 132 However, most pharmacological data have been obtained from studies of nalorphine and levallorphan. Except in the number of milligrams of each drug employed and hence the ratios of narcotic to antagonist, there existed little evidence that there was any large difference in pharmacological effects between the narcotics used, between levallorphan and nalorphine, or between the various combinations used as mixtures. morphine and nalorphine were used as prototypes. When evidence existed for a difference between drugs or drug combinations, this was mentioned specificially.

TABLE 1
PHARMACOLOGICAL EFFECTS OF NALORPHINE
SIMILAR TO AND DIFFERENT FROM
MORPHINE IN MAN

Drug Effect	Reference Numbers
Respiratory depression	43, 70, 91, 112, 120
Analgesia	80, 91
Sedation	16, 69, 81, 91, 106, 113
Dizziness	69, 81, 91
Euphoria and dysphoria	16, 43, 91, 106
Nausea and vomiting	69, 81, 91, 106
Sweating	69, 81
Miosis	43, 69, 106, 112
Decreased rectal temperature	43, 135
Increased cerebrospinal fluid pressure	78
Antidiuresis	115
Antitussive	12
Bradycardia and hypertension	70, 135
Little change in pulse or blood pressure	32, 43, 69
Postural hypotension	27
Decreased gastric emptying	127
Decreased plasma hydrocortisone	97

Different from Morphine

tract

In the past some confusion has existed in assessing the pharmacological effects of narcotic antagonists because of a failure to appreciate two seemingly obvious facts. (1) Although the effects of nalorphine in man when given alone were strikingly similar to those of an equal milligram dose of morphine, the same relationship was not true in animals. Nalorphine produced relatively little effect when given to animals in sublethal doses. Therefore, the problem of transferring animal observations to man was greater than usual (2) The effects observed after in this area. nalorphine in man were highly dependent on the precise relationship between the administration of the antagonist and the administration of a narcotic. Nalorphine given alone produced morphine-like effects in man. When given before morphine, it blocked morphine actions. When given after a large dose of morphine, it produced antagonism. Unfortunately, the distinction between data obtained from simultaneous administration of narcotic and antagonist and the administration of an antagonist just before or just after a narcotic The data rehas often been disregarded.

viewed are presented with regard for these distinctions.

EFFECTS OF NARCOTIC ANTAGONISTS ADMINISTERED ALONE

In table 1, we have summarized the major pharmacological effects of nalorphine given to man without previous nar-Obviously the reported circulatory cotic. effects of nalorphine were not consistent or The similarity in the effects of nalorphine and morphine are apparent even though the data in some areas were meager. A total of 4 patients provided all the known information on the gastrointestinal and biliary tract and we have been unable to confirm the isolated observation of increased oxygen consumption after nalorphine.83 In the few similar studies with levallorphan alone, the only documented pharmacological effect observed was that of respiratory depression.120, 125 One important difference between nalorphine and morphine not listed in table 1 was the failure to demonstrate either psychic or physical dependence to nalorphine after chronic administration.72 This has been interpreted to mean that nalorphine was not an addicting drug in man.80 However, because of the unpleasant psychic effects of nalorphine in this study,72 dose levels equivalent to those used for experimental morphine addiction could not be achieved. For the same reason tolerance development could not be adequately studied, but Fraser⁴¹ stated that tolerance did develop to the hallucinations of nalorphine in man.

Animals. Most of the narcotic effects listed in table 1 have been reported to occur to some degree after nalorphine in some species of animal (mouse, rat, guinea pig, rabbit, cat, dog, or monkey). 89, 139 In addition, recent studies on the effects of nalorphine and morphine on the bronchial and intestinal smooth muscle of animals indicated that their effects were similar. 50, 51, 101

There were important differences however. In man nalorphine was approximately as potent as morphine in producing its effects. In animals nalorphine was a much weaker drug when given in sublethal doses. Despite this, the LD₅₀ of nalorphine in mice was approxi-

mately the same as for morphine.54, 57 animals, nalorphine in doses similar to morphine was a mild sedative, produced little analgesia as measured by the increase in pain threshold, and did little else. In contrast to morphine, it did not produce a typical Straub tail in mice, antidiuresis in the rat,115, 137 excitement in the cat, nor an increase in blood sugar in the rabbit and dog,84, 107, 143 all of which were characteristic of narcotics. Similarly, levallorphan did not increase the blood sugar in the dog. 84, 107 The rate of tolerance development to nalorphine was low when compared to that of morphine in the rat.75 Large intravenous doses of nalorphine produced a transient stimulation of respiration in rabbits and dogs 62, 68 and convulsions preceded death in mice.62 Levallorphan in low doses depressed respiration in the rabbit; in high doses it produced marked initial stimulation of respiration, then depression.¹⁰⁰ In monkeys, nalorphine produced anxiety, crying, vomiting, hallucinatory behavior and clonic convulsions in large doses.71 Nalorphine was more disruptive to adaptive or learned behavior in the mouse than was morphine which paralleled the experience in man.7, 130

Central Nervous System Stimulation by Nalorphine. Wood 139 concluded that nalorphine was an atypical central nervous system stimulant in man (anxiety and hallucinations). This was supported by observations of stimulation of respiration, convulsions, anxiety, and hallucinatory behavior reported in animals. In addition several investigators showed that the respiratory rate and minute volume of rats and dogs anesthetized with pentobarbital or chloralose-urethane were increased by large doses of nalorphine. 139 In the case of rats, the dose of nalorphine or levallorphan required to reduce pentobarbital induced respiratory depression was twice that of pentobarbital.20 Kao and Belford 74 found that a large dose of nalorphine (30 mg./kg.) did not alter the respiratory center sensitivity of decerebrate dogs as measured by change in the slope of the PACO2-VA curve. However, their data also showed a parallel shift of this curve to the left which represented respiratory stimulation, although not necessarily due to increased respiratory center sensitivity.11 On the other hand, nalorphine was found to increase the sleeping time of secobarbital in mice without altering the LD₅₀ of secobarbital.⁵⁵ More recently Boyd and Pearl 14 were unable to alter the mortality rate from thioamylal in rabbits and dogs by several dose levels of nalorphine given as an antagonist. In a similar study, Weakley and Bergner 129 found that nalorphine increased the respiratory depression of intravenous secobarbital in both animals and man. Many observers 2, 26, 27, 30, 88, 112 failed to observe any stimulation of respiration by nalorphine or levallorphan given to patients depressed by barbiturates or anesthetics. only exception to this overwhelming evidence is a single report of two patients whose barbiturate-induced respiratory depression was lessened by nalorphine.25 From these data any central nervous system stimulation by the antagonists would seem to be similar to that of the non-specific analeptics and to require high

Some recent unpublished data pertain to this problem.83 Nalorphine in doses of 10 mg./70 kg. depressed the respiration of normal man to approximately the same degree as morphine when measured by shift in PACOs-VA curves obtained in response to CO, inhalations. However, when given in doses of 1 mg./kg. intravenously, the depression of morphine was much greater than that of nalor-Measurements after successive small increments of nalorphine indicated that respiratory depression was maximum after 10-20 mg. and subsequent doses did not increase the depression. This was not abserved after similar increments of morphine. In addition, no increase in oxygen consumption was observed after either small or large doses of nalorphine in contrast to the increase in oxygen consumption which followed methylphenidate. Obviously nalorphine was not a typical analeptic in these doses in man.

BLOCKING ACTION OF NARCOTIC ANTAGONISTS

When the antagonist was administered before the narcotic, the narcotic effects which were reported to have been blocked are listed in table 2. In some studies in man designed to elicit blocking effects, the patients studied were premedicated with a narcotic before

TABLE 2

NARCOTIC ACTIONS BLOCKED BY PRIOR ADMINISTRATION OF A NARCOTIC ANTAGONIST IN

ANIMALS AND MAN

TO 110%	Reference Numbers		
Drug Effect	Animals	Man	
Death	Rat, rabbit, mouse—57, 136		
Respiratory depression Analgesia	Rabbit—62, 126 Rat—126, 138	27, 29	
Sedation or hypnosis	Rat—117 Dog—126		
Bradycardia and hypotension Yomiting	Dog-126	27	
Euphoria Increased intestinal tone Increased choledochal pressure	Dog-50	43 8 113	

the experiment.^{40, 121-123} These data were omitted because it was not clear whether antagonism or a blocking effect was demonstrated, especially since control values were obtained after the narcotic.

It was not always possible to determine from the reports whether the blocking action of a narcotic antagonist was complete or partial. For such effects as death, vomiting, and increased intestinal tone in animals, a complete block was observed. For respiratory depression and analgesia in animals, the degree of block varied with the doses of antagonist and narcotic used. For euphoria and increased choledochal pressure in man, only a partial block occurred.

The only notable failure of a narcotic antagonist to block a narcotic action was reported by Siker et al.¹¹⁶ Pretreatment of patients with 0.02 mg./kg. of levallorphan intravenously only partially prevented the hypotension, tachycardia and postural hypotension which followed 1.5 mg./kg. of meperidine intravenously.

NARCOTICS FOLLOWED BY ANTAGONISTS

Antagonism of Large Doses of Narcotics. The antagonism of the effects of large doses of narcotic by an antagonist has been demonstrated for all narcotic actions listed in table 3. In all instances, antagonism was accomplished by a dose of antagonist smaller than the narcotic dose. In most of the animal studies all degrees of antagonism (partial, complete, more than complete) could be observed, depending on the parameter studied,

and the absolute and relative doses of narcotic and antagonist used. However, in many studies in man, it was difficult to estimate the degree of antagonism which had occurred because predrug values were not recorded.

Antagonism of Therapeutic Doses of Nar-For the purposes of this discussion therapeutic doses will be considered as 15 mg. of morphine for the 70 kg. man or its equivalent in other narcotics. In every study listed in table 3, with the exception of those concerning vomiting, the intestine and biliary tract of man, a morphine antagonist was administered after one or more doses of narcotic which totaled 30 mg. or more of morphine or its equivalent. In all animal studies the doses of narcotic were far in excess of therapeutic doses in man. The reviewers have been unable to find a single instance of failure of antagonism of narcotic action when large doses of narcotic were followed by an an-Similarly, the reviewers have not tagonist. found any systematic study in which the administration of an antagonist after a single therapeutic dose of narcotic resulted in more than transient or slight antagonism. studies are listed in table 4. The only exceptions found to these statements were: (1) The effects of single therapeutic doses of narcotics on the biliary or gastrointestinal tract

TABLE 3

NARCOTIC ACTIONS ANTAGONIZED BY NARCOTIC
ANTAGONISTS IN ANIMALS AND MAN

	Reference Numbers		
Narcotic Effect	Animal	Man	
Death (overdosage in man)	Rat, mouse—136	Many reports	
Respiratory depression	Rabbit—62, 100 Rat—19	87, 102, 123	
Analgesia	Rat—19 Mice—126	34, 102	
Sedation or hypnosis	Dog-63 Rat-104 Dog-126	60, 87, 88	
Miosis	Dog-117	43	
Bradycardia	Dog-117	87	
Hypotension	Dog-58, 104	27, 36	
Vomiting	Dog126	2	
Euphoria	1	43	
Increased cerebrospinal fluid pressure		78, 118	
Decreased cerebral O ₂		102	
Hypothermia	Dog-117		
Antidiuresis	Rat—137		
Hyperglycemia	Rabbit—84		
Increased intestinal tone Increased choledochal pressure	Dog-50	8, 23, 24 113	

 ${\bf TABLE~4}$ Failures of Antagonism of Therapeutic Doses of Narcotics by Antagonists in Man

Reference	Narcotic	Time Interval	Antagonist	Parameter Measured	Effect
105	Morphine 15 mg. subcutaneous	30 minutes	Nalorphine 10 mg.	Respiratory minute volume Unpleasant side effects	Stimulation followed by greater depression No antagonism
91	Morphine 15 mg. subcutaneous	2 hours	Nalorphine 5 mg. subcutaneous	Minute volume response to CO ₂	Transient stimulation in one of four sub- jects
79	Morphine 10 mg. intravenous	1 hour	Nalorphine 10 mg. intravenous	Alveolar ventilation Alveolar carbon dioxide tension	No antagonism
69	Morphine 15 mg. or Meperidine 100 mg.	5-15 minutes	Nalorphine 25 mg.	Blood pressure, pulse, respiratory rate Sedation	No consistent change Increased
43	Morphine 30 mg. subcutaneous	105 minutes	Nalorphine 10 mg.	Miosis Euphoria Depressed minute volume Hypothermia	Antagonized Transient antagonism No antagonism No antagonism
96	Premedication narcotic	3-4 hours	Nalorphine	Minute volume response to CO ₂	No antagonism (Ether anesthesia used)
120	Morphine 11 mg. subcutaneous	1 hour	Levallorphan 5-10 mg.	Minute volume and respiratory rate	No consistent change

have been antagonized by a single dose of nalorphine.1, 3, 8, 23, 24, 113 The total experience in these six reports consists of observations on 13 patients. (2) There were case reports of patients who were excessively depressed by a therapeutic dose of narcotic and in whom the hypotension or respiratory depression was antagonized by nalorphine. Bodman 13 reported respiratory stimulation after 1-3 mg. of nalorphine in an unstated percentage of patients depressed by meperidine 50 mg. or pantopon 20 mg. No quantitative data were given. Finestone and Eksterowicz 35 antagonized the respiratory depression of 10 mg. of methadone with 10 mg. of nalorphine in one patient. Adriani and Kerr² reported respiratory stimulation by nalorphine in 11 patients presumably depressed by the narcotic given for premedication and a return of blood pressure to normal in 5 patients similarly depressed. They also reported 15 similar patients with respiratory depression and 5 with hypotension in whom nalorphine had no antagonistic effect. There may be other case reports which have not come to our attention and which provide additional exceptions. No comparable studies in animals utilizing doses in this range have been reported.

Degree of Antagonism. The primary determinant of the degree of antagonism seemed to be the dose of narcotic administered. After

therapeutic doses of narcotic, little or no antagonism occurred (table 4). With moderate or large doses, partial to complete antagonism occurred (table 3). In the narcotic tolerant animal or the human counterpart, the narcotic addict, more than complete antagonism followed the narcotic antagonist. In the addict, a small dose of antagonist not only abolished morphine effects, but precipitated an acute abstinence syndrome (lacrimation, rhinorrhea, mydriasis, hyperpnea, tachycardia, hypertension, hyperpyrexia, restlessness, diarrhea and muscle twitching). In experimental morphine addiction, 15 mg. of nalorphine after 2-3 days of morphine treatment produced a mild abstinence syndrome. After several weeks of morphine, 1-2 mg. of nalorphine produced a severe abstinence syndrome.135

Additional evidence from other sources supported this relationship between narcotic dose and degree of antagonism. (1) In contrast to the experience in table 4, patients in whom accidental narcotic overdosage had occurred 89 or patients who received multiple small doses of narcotics as a supplement to anesthesia obtained dramatic antagonism from a small dose of antagonist. 88, 89 (2) Eckenhoff, Hoffman, and Dripps 30 noted that when nalorphine was given to parturient mothers just prior to delivery good antagonism of neonatal narcosis occurred in infants born of mothers moderately

or deeply depressed by 200 mg. of meperidine, but no measurable antagonism occurred in mothers who received less meperidine. In another extensive study by this group,31 it was difficult to demonstrate any benefit to the infant from nalorphine given to parturient mothers who had received narcotics before delivery, except in those who were heavily sedated. They reported a similar relationship when levallorphan was used.²⁸ (3) Keats and Mithoefer 79 showed that 10 mg. of nalorphine did not antagonize the respiratory depression of 10 mg. of morphine given intravenously one hour apart. However, antagonism did occur if a "priming" dose of 15 mg. of morphine were given 5-8 hours before the second dose of morphine. (4) In chronic spinal dogs, antagonism of morphine-depressed spinal reflexes by nalorphine was greater when the reflex depression by morphine was greater. Antagonism could be demonstrated if many small doses or if one large dose of morphine had been administered.¹³⁴ (5) When a morphine-nalorphine mixture was given chronically to rats, the analgesic effect of the mixture decreased more rapidly with time than in comparable animals given morphine alone. This was considered to be the result of the proportionately greater antagonistic effect of nalorphine as the total dose of morphine increased.103

Differential Antagonism of Narcotic Actions by Antagonists. Studies suggesting that all narcotic actions were not antagonized equally appeared early. In 1952 Fromherz and Pellmont 44 reported that levallorphan was less active than nalorphine in antagonizing analgesia compared to their respective activities in antagonizing respiratory depression. much later report on several antagonists chemically similar to levallorphan supported the original study.¹⁷ The N-propargyl analog of levallorphan was found to be a potent antagonist of respiratory depression in the rabbit, but not of analgesia in the rat. Conversely the N-propyl derivative was a potent antagonist of analgesia but not of respiratory depression. Gray 50 noted that antagonist doses which reversed intestinal spasm and prevented vomiting did not antagonize narcotic sedation in dogs. The studies of Costa and Bonnycastle 19 suggested that a chemical specificity existed

as well as differential antagonism with an optimal dose ratio. Using rabbits, they found that a dose of nalorphine could be found which would antagonize the respiratory depression but not the analgesia of morphine. This was also true of levallorphan against levorphan (current generic name is levorphanol). The converse, however was not true. Both levallorphan against morphine, and nalorphine against levorphan resulted in equal antagonism of analgesia and respiratory depression. Additional support for a drug specificity came from the observation that the respiratory depression of meperidine in the dog was not antagonized by nalorphine 68 and that it was difficult to precipitate an abstinence syndrome with nalorphine in meperidine addicts.¹³³ In man, Fraser, Van Horn, and Isbell 43 noted antagonism of morphine miosis and euphoria by nalorphine without antagonism of respiratory depression. We have repeatedly observed during studies in man of antagonism of large doses of morphine by nalorphine that even when respiratory depression was dramatically antagonized, subjects remained slightly groggy, or dizzy, or had difficulty concentrating.83 This was noted by Eckenhoff, Elder and King,27 as well as in several case reports.

Narcotic-Antagonist Ratios. The ratio of antagonist dose to narcotic dose for production of maximum antagonism seemed to depend primarily on the narcotic action measured and the dose of narcotic used. This latter point was illustrated by Miller, Gilfoil and Shideman 100 who showed in the rabbit that the optimal ratio of levallorphan to morphine for complete antagonism of the respiratory depression of 4 mg./kg. of morphine was 2:4. However, when rabbits were given 32 mg./ kg. of morphine this ratio decreased to 5:32. On the other hand, in the antagonism of the electroencephalographic electrogenesis of morphine by nalorphine, an all or none response, either complete or no antagonism, was observed.47 Complete antagonism occurred with nalorphine-morphine ratios ranging from 1:600 to 1:3. Increasing the nalorphine percentage increased the duration but not the degree of antagonism. Similarly Gray 50 has clearly shown that no critical or constant narcotic-antagonist dose ratio existed for antagonism of the increased intestinal tone induced by 4 narcotics in the dog. Regardless of the dose of narcotic (which ranged over one hundred fold) or the order of administration, the absolute amount of antagonist necessary to prevent or reverse the narcotic effect remained fairly constant. This last observation may be pertinent to the exceptions noted above in antagonism of the effects of therapeutic doses of narcotics on the intestinal and biliary tract and suggested that the mechanism involved in antagonism of central nervous system actions of morphine may be different from that of smooth muscle In general, the dose of narcotic seemed to be the primary factor in determining whether or not antagonism would occur, the degree of antagonism and the dose of antagonist (ratio) producing maximum antagonism.

SIMULTANEOUS ADMINISTRATION OF NARCOTIC AND ANTAGONIST

The clinical use of narcotic-antagonist mixtures was based on studies in animals which

showed that some actions of narcotics were more readily antagonized than others. has been amplified to suggest that certain combinations of narcotic and antagonist in an optimal dose ratio elicited this differential effect to its greatest degree and this would also occur when both drugs were administered simultaneously. This has been difficult to document because there have been few wellcontrolled studies in which more than one parameter of drug action were studied. Unfortunately in many studies 118, 119, 122, 123 the subjects were given morphine or meperidine before study and antagonism in a highly selected situation was actually studied.

The acceptable data in animals and man have been summarized in tables 5 and 6. Only two studies (table 5) in animals were directed to simultaneous mesaurement of more than one parameter of narcotic action and successfully demonstrated a dissociation. 104, 141 A third failed to demonstrate dissociation. 115 The data of Orahovats, Winter, and Lehman 104 clearly showed that a 32:1 ratio of morphine to nalorphine could produce anal-

TABLE 5
SIMULTANEOUS ADMINISTRATION OF NARCOTIC AND ANTAGONIST IN ANIMALS

Drugs	Dose of Narcotic	Narcotic- Antagonist Ratio	Narcotic Action Studied	Results	References
Levorphan- Levallorphan	8 mg. /kg.	64:1 32:1	Analgesia Tolerance to analgesia	Incomplete antagonism Inhibited tolerance development	103 Rat
Levorphan- Levallorphan	4-16 mg./kg. 2 mg./kg.	8:1, 16:1 32:1, 64:1 13:1	Analgesia and hypnosis Analgesia, emesis, brady- cardia, hypotension	At 32:1 ratio hypnosis antagonized, but not analgesia All except analgesia antagonized	Rat 104 Dog
Morphine- Nalorphine or Levallorphan	Many	Many	Mortality	Decreased mortality rate but not complete protection	Mouse 54 56
Morphine- Nalorphine	10 mg./kg.	1:2.5, 6:1 12:1	Analgesia Antidiuresis Delayed gastric emptying	At all ratios, there was incomplete antagonism of all three actions studied	Rat 115
Levorphan- Levallorphan	0.002 0.008 mM/kg.	Many 1:1 to 15:1	Analgesia Respiratory depression	At all ratios except 5:1 both actions antagonized equally and incom- pletely. (See text)	Rabbit 141
Levorphan- Nalorphine	2 mg./kg.	1:1 moles	Hyperglycemia	Transient antagonism	Dog 107
Levorphan- Levallorphan	0.008 m.M. kg.	5:1	Tolerance to analgesic action	Inhibited tolerance development	Rabbit 142
Morphine- Nalorphine	1.6 mg., kg.	8:1, 4:1, 2:1	Learned behavior	Addition of antagonist in any ratio disrupted adaptive behavior	Rat 130
Morphine or Normorphine- Nalorphine	10 mg. kg. (intraci	1:1 sternal)	Analgesia	Incomplete antagonism	Rat 93
Morphine Nalorphine	10 mg. kg.	10:1, 3:1, 1:1, 1:3	Delayed charcoal meal pro- pulsion in small intestine	Complete antagonism 1:1, Incomplete at other ratios	Rat 51
Meperidine- Levallorphan	8-16 mg./kg.	40:1, 160:1	Analgesia	Decreased analgesia to 50 per cent	Rat 95

TABLE 6
SIMULTANEOUS ADMINISTRATION OF NARCOTIC AND ANTAGONIST IN MAN

Drugs	Dose of Narcotic	Narcotic- Antagonist Ratio	Narcotic Action Studied	Results	Reference
Morphine- Nalorphine	10 mg. or 15 mg. subcutaneous	5:1, 3:1	Analgesia Respiratory depression Subjective effects	No antagonism Increased No antagonism	91
Levorphan- Levallorphan	10 mg. subcutaneous	10:1	Sedation Respiratory depression	Increased "Less." Did not measure	45
Levorphan- Levallorphan	3-5 mg. subcutaneous	10:1, 1:1	Analgesia Respiratory depression	No antagonism No antagonism	29
Levorphan- Levallorphan	0.054 mg. kg. intravenous	5:1	Respiratory depression	Incomplete antagonism	125
Morphine- Nalorphine	20 mg. subcutaneous	1:2.5	Antidiuresis	Slight to no antagonism	115
Morphine- Nalorphine	8 mg. subcutaneous	8:1, 4:1, 2:1	Psychomotor performance	Addition of nalorphine disrupted psychomotor performance. Side actions (sweating, vomiting) greater after mixture	7
Morphine- Nalorphine	30 mg. subcutaneous	10:1, 5:1, 3:1	Miosis Respiratory depression Hypothermia Euphoria	Incomplete antagonism No antagonism No antagonism Antagonized for 2-3 hours then reappeared	43
Heroin- Nalorphine	10 mg. subcutaneous	1:1	Miosis Respiratory depression Hypothermia	Incomplete antagonism Increased No antagonism	<u>.</u> 1
Morphine- Nalorphine	10 mg. subcutaneous	2:1, 1:1, 8:1, 4:1	Respiratory depression Subjective effects Analgesia	No antagonism, increased Increased Antagonizes at high ratios then exerts its own analgesia at low ratios	66
Morphine- Nalorphine	10 mg./70 kg.	1:1	Respiratory depression	No antagonism	131
Meperidine- Levallorphan	22.5 mg. subcutaneous	300:1, 150:1	Pain threshold elevation (heat)	No antagonism. 300:1 ratio better than meperidine alone	64
Levorphan Levallorphan	3 mg. subcutaneous	10:1	Respiratory depression	No antagonism	128
Morphine- Levallorphan Meperidine- Levallorphan	10 mg. subcutaneous 100 mg. subcutaneous	20:1, 5:1 80:1	Increased choledochal pressure	Incomplete antagonism (Statistical significance ²)	96
Meperidine- Levallorphan	50-100 mg. intramuscular 1 mg./kg.	80:1	Analgesia Nausea, vomiting, sweating Respiratory depression	No antagonism No antagonism Incomplete antagonism	65
Levorphan- Levallorphan	intravenous 3 mg. intramuscular 3 mg. intravenous	10:1	Respiratory depression	Depressed minute volume and respiratory rate	109

gesia without sedation in rats and analgesia without emesis and with less circulatory depression in dogs. Lower ratios antagonized analgesia as well as hypnosis and larger ratios produced no antagonism of either. Respiratory depression was not measured. In fact morphine stimulated the respiration of the dogs (panting). In the other study using rabbits, 141 only by administering high narcotic doses and only at one narcotic-antagonist ratio could a statistically significant decrease in the respiratory depression with maintenance

of analgesia be demonstrated. The other studies simply demonstrated some antagonism of a single narcotic action by a mixture.

In man, Fraser, Van Horn and Isbell ⁴³ were able to show antagonism of miosis and euphoria by administration of a combination of morphine and nalorphine to postaddicts, but observed no antagonism of the hypothermia and respiratory depression of morphine. Two sets of investigators ^{66, 91} using several combinations of morphine and nalorphine found the same or greater respiratory de-

pression following the combination than after morphine alone. One of these groups 66 also reported an antagonism of analgesia and an increase in unpleasant subjective side actions with the combination compared to morphine alone. The other 91 reported no antagonism of analgesia or side actions. Eckenhoff et al.29 corroborated the lack of antagonism of respiratory depression by combinations of racemorphan and levallorphan, as did Wallenstein, Bellville and Houde 128 with mixtures of levorphan and levallorphan. However, two other groups 25, 65 reported partial antagonism of respiratory depression on simultaneous administration of narcotic and antagonist. Hossli and Bergman 65 found no difference in the analgesia of meperidine alone compared to meperidine with levallorphan in a 80:1 ratio in postoperative patients. This same ratio of drugs given intravenously to unpremedicated patients produced significantly less depression of respiratory rate and minute volume than meperidine alone in a second group. study will be discussed later. The more refined studies of Thomas and Tenney 125 utilizing unpremedicated normal subjects also showed that a combination of levallorphan with levorphan was significantly less depressant to the respiration than levorphan alone. The remainder of the studies demonstrated no antagonism or slight antagonism by a mixture for some single narcotic action only. tional studies concerning simultaneous administration will be discussed below.

CLINICAL STUDIES

Analgesia. One report in this area concerned changes in pain threshold after various combinations of antagonist with narcotic in man. Beecher, has described the limitations of data obtained in this manner especially in terms of applicability to analgesia in man. He also pointed out the controls necessary for an adequate study of analgesia in man such as double blind conditions, coded drugs, randomization of doses, crossover design and use of a standard for comparison. Unfortunately most studies purporting to show that the narcotic-antagonist mixtures maintain analgesia while antagonizing respiratory depression ignored these essential controls.

In the studies reviewed, there were two major difficulties. First, while respiratory depression was quantitated in some way, either by change in respiratory rate, minute volume, or response to CO₂ inhalations (overlooking the failure to measure carbon dioxide tension, a requisite for quantitation of drug effects on respiration,11, 29) no attempt was made to measure analgesia with any similar precision. Acceptable techniques to quantitate analgesia in man are complex and tedious. 10, 67, 76, 90 Even with adequate controls, small differences are difficult to distinguish. Studies which showed antagonism of respiratory depression did not demonstrate complete antagonism but rather "less" depression and the differences were not To detect an equivalent percentage difference in analgesia, elaborate techniques would have been necessary. It is, therefore, difficult to rely on data of investigators who concluded an absence of antagonism of analgesia by casual observations of pain relief classified as excellent, good, fair and poor. Secondly, some investigators have used subjects who received narcotics in the recent past. Under these circumstances, antagonism of respiratory depression was most likely to occur (see previous section). A narcotic abstinence period of four to six hours was not sufficient, since it has been shown that a single dose of morphine five to eight hours prior to the administration of a second narcotic dose enabled antagonism to occur where it had not previously.79

Cullen and Santos 21 and Auerbach and Coakley 4 both showed that a narcotic-antagonist mixture produced less depression of respiratory rate or minute volume than the administration of the narcotic alone. In one study analgesia was graded. In the other, it was simply stated that pain was relieved. Patients in both studies probably had had narcotics four or more hours prior to the administration of the mixture. Shiffrin, Balagot, and Sadove 114 studied 6 patients with chronic pain who had been receiving narcotics. They were able to demonstrate significantly less depression of minute volume 30 minutes after a meperidine-levallorphan mixture than after meperidine alone. Their analgesic and side action data were too few to be meaningful, but they claimed no loss of analgesia.

larger study by this group using postoperative patients in the recovery room was directed to the same problem.¹¹¹ The respiratory depression, analgesia, sedation and other side actions following 25 and 50-mg. doses of meperidine were compared to those of three dose ratios of meperidine-levallorphan containing either 25 or 50 mg. of meperidine. Double blind conditions, placebo control, and coded drugs were used. However, approximately 75 per cent of their subjects received meperidine premedication, and 10 per cent received meperidine as a supplement during the anesthetic. Despite this, all drug combinations except the placebo and the meperidine (25 mg.)-levallorphan (0.25 mg.) mixture produced significant depression of minute volumes compared to predrug controls. The investigators then showed that the average of all the postinjection minute volume values for all narcotic-antagonist mixtures and placebo was significantly less than the postdrug values of meperidine alone. However, the predrug minute volumes for the 25 mg. and 50 mg. meperidine groups were 10-25 per cent lower than predrug minute volumes for the mixture groups, and this difference was not leveled by converting to percentage changes. They found no statistically significant difference in mean analgesia scores between meperidine alone and meperidinelevallorphan mixtures. They were also unable to show any significant difference in the mean analgesia score between 25 mg. and 50 mg. of meperidine. Since their analgesia measuring technique could not detect the effects of a 100 per cent increase in dose, it seemed unlikely that they could have detected the degree of antagonism of analgesia comparable to the antagonism claimed in their respiratory data. As to side action liability, their 50-mg. data actually suggest an increase in sedation and in "other reactions" with all mixtures over meperidine alone. Some of the same criticisms apply to a more recent study by Hossli and Bergmann.65 They showed that a 80:1 combination of meperidine and levallorphan, when given as 1 mg./kg. of meperidine intravenously, produced significantly less depression of minute volume and respiratory rate in unpremedicated patients than did meperidine alone in a second group of 15 patients. They then compared the analgesic effect and side

actions in postoperative patients. They found no difference in analgesia or side actions between the mixture and the narcotic alone. However, their data showed that there was also no difference in the analgesia scores when the dose of meperidine-levallorphan was increased from 50 to 75 and 100 mg., indicating either that their technique was too insensitive or that antagonism of analgesia occurred at the higher doses.

Mergerian, White, and Marcus 99 studied the effects of many ratios of alphaprodine and levallorphan or its N-propargyl derivative on minute volume, respiratory rate, and "responsiveness" in postoperative patients in the recovery room. Although not stated, all patients probably received a narcotic prior to operation. Certain of the ratios studied were considered optimal in that they produced no significant respiratory depression (minute volume) but did produce "diminished responsive-An identical study was carried out using meperidine and levallorphan.88 In both studies, the patients probably did not have pain at the time of study. In no sense can their "diminished responsiveness" be equated with analgesia. Barbiturates, other hypnotics, and promethazine all diminish responsiveness without relieving pain to any great degree.82 Even morphine can produce sedation and sleep ("diminished responsiveness") without relief of pain.76

There were two studies in which all essential controls were observed and concerned analgesia with narcotic-antagonist mixtures. Lasagna and Beecher 91 compared the analgesic effect of 10 mg. of morphine with that of a mixture of 10 mg. of morphine and 2 mg. of nalorphine in postoperative patients. The analgesia following the mixture was less than that of morphine but the difference was not statistically significant. In this study, morphine and the mixture were alternated in the same patients and all patients probably received a preoperative narcotic. Whether the added nalorphine acted as an antagonist or not depended on the order of drug administration in each patient. It was, therefore, difficult to evaluate their data. Houde and Wallenstein 66 found definite antagonism of analgesia when morphine was combined with nalorphine and compared to the effects of morphine alone.

These investigators used patients with chronic pain of cancer in a complete crossover study. Probably these patients had been receiving narcotics prior to this study and could be considered narcotic tolerant to some degree. This may be the reason the antianalgesic activity of nalorphine was so readily demonstrated.

Most of the studies discussed above were limited to the use of a single or at most several doses of a narcotic-antagonist mixture in each patient. There is little information on chronic use of mixtures. However, their utility would seem to be limited, since with successive injections increased morphine physical dependence would develop and the activity of the antagonist would increase with each dose. Cullen and Santos 21 noted in their few patients treated chronically that if the antagonist content of their levorphan-levallorphan mixture was increased, patients complained of nervousness, restlessness and intensification of pain rather than analgesia. All these can be considered signs of morphine antagonism (abstinence syndrome). Fraser 41 reported that after 2 to 3 days of regular administration of morphine-nalorphine mixtures to postaddicts, morphine abstinence signs (sweating and disturbing mental effects) began to appear with each injection and euphoria was no longer present. The chronic use of a 3:1, 10:1, and 15:1 mixture of morphine-nalorphine in their postaddicts did not prevent the appearance of an abstinence syndrome on acute withdrawal, although the syndrome was less intense than the one after morphine alone in these same subjects.

As A Supplement to Anesthesia. The basis for supplementing general anesthesia with narcotic-antagonist mixtures was the same as for its use as an analgesic, namely, to provide analgesia without respiratory depression. Their use during nitrous-oxide thiopental anesthesia was first suggested by Hamilton and Cullen 59 who injected levallorphan during anesthesia and noted that subsequent doses of meperidine, levorphan or morphine produced less respiratory depression than expected. Subsequently the same investigators 60 observed that if levallorphan were given during thiopentalnitrous oxide-meperidine anesthesia, respiration increased and anesthesia "lightened." However subsequent meperidine doses did not

depress respiration but did deepen anesthesia. It was assumed that analgesia was maintained but respiratory depression was blocked by levallorphan.

Subsequently Foldes and his group advocated the use of narcotics and antagonists as supplements to thiopental-nitrous oxide anesthesia.37, 38, 39 Minor variations in techniques have been introduced by others,85,94 but the results described in all reports were similar. Patients premedicated with narcotics were given levallorphan (0.02 mg./kg.) intravenously followed by alphaprodine (1 mg./kg.) or meperidine (2 mg./kg.) 3 to 6 minutes Nitrous oxide-oxygen (80 per cent) was then administered. If anesthesia was inadequate further increments of the narcotic were given intravenously. Whenever adequate anesthesia could not be maintained by the narcotic alone without depression of the respiratory rate below 12 per minute, a small dose of thiopental was given. If excessive respiratory depression occurred, additional doses of levallorphan were given. The mg. /minute requirements for narcotic and thiopental were calculated for these patients and compared to a group similarly treated except that levallorphan was omitted. In all three reports thiopental requirements were decreased to 25-50 per cent of that of the control group while the narcotic dosage was increased 300-500 per cent over the control group. Thus, the administration of the antagonist prior to anesthesia enabled the anesthesiologists to use one-fourth the amount of thiopental (a weak analgesic) and required them to use five times as much meperidine or alphaprodine (potent analgesics) to accomplish the same thing. To the reviewers these data constitute a powerful argument supporting the antagonism of analgesia as well as respiratory depression. It was also clear from these data that depth of anesthesia was not synonymous with analgesia, since depth of anesthesia could be increased equally as well by thiopental as by a narcotic. There is a considerable difference in the analgesic potency of these two classes of compounds.

Use in Obstetrics. The use of nalorphine in obstetrics to prevent or treat neonatal apnea, respiratory depression or narcosis was studied promptly after its introduction into clinical

medicine.30, 31 It was soon learned that nalorphine given intravenously to mothers ten minutes before delivery reduced the time of onset of breathing in newborns when mothers were moderately or markedly depressed by narcotics. Obviously, nalorphine passed through the placenta readily. In addition, nalorphine injected into the umbilical vein of newborns depressed by narcotics resulted in striking stimulation of respiration.³¹ The beneficial results of the latter technique were confirmed in a subsequent study by Prescott 108 who found that newborns given nalorphine were easier to resuscitate. However, just as narcotic antagonists failed, in general, to antagonize therapeutic doses of narcotics, so nalorphine had no beneficial effect in newborns of mothers who were only mildly depressed by narcotics.30 From these reports, it was also apparent that careful observations of mother and newborn were required to demonstrate any beneficial effects of nalorphine even when large doses of narcotic had been given to the mother.

More recent obstetrical studies on the use of narcotics combined with or followed by antagonists contributed little additional information. In most, no control group of patients (narcotics without antagonist) was available for comparison. When analgesic efficacy was evaluated, none of the requisite controls mentioned above were used. In evaluating neonatal apnea or depression, breathing or crying times, measurements of ventilation, or Apgar ratings were usually not recorded. Such reports accomplish little more than to testify that a certain combination of drugs was not lethal in a specified number of patients.

The merit of various combinations of narcotics and antagonists was the subject of seven reports.^{33, 46, 48, 49, 53, 61, 92} In none of these was control observations made and the results could not be evaluated. Baker ⁶ tried a mixture of meperidine and nalorphine for analgesia in labor. In two groups of patients, each with a simultaneous control group, the analgesia, amnesia, and incidence of fetal depression was approximately the same whether meperidine alone or combined with nalorphine (20:1 and 50:1) was used. In a third group in which meperidine-nalorphine (20:1) was used

in a second trial, no control patients were used and the results were far better than in the first trial. The author therefore recommended the 20:1 ratio for improved analysia and amnesia with a reduction neonatal depression.

Backner, Foldes and Gordon 5 studied an alphaprodine-levallorphan (50:1) mixture in obstetrics. There was no control group for comparison of analgesic effectiveness. A control group was available for one portion of their data, although they give no information about it except that the patients received no They showed that the mean levallorphan. breathing and crying times of infants born of mothers receiving the mixture were significantly less than the means of infants whose mothers received unspecified amounts of narcotics without antagonist provided the mothers also received nitrous oxide-oxygen-ether anes-There was no significant difference between the two groups when regional anesthesia was used. In their alphaprodine-levallorphan group 160 patients received regional anesthesia, and only 40 received general anesthesia. Each was compared to a control group of 100 patients. In the general anesthesia control group there were 3 infants who did not breathe for 15, 17, and 18 minutes. These results were just the reverse of those of Eckenhoff, Hoffman and Funderberg 31 who could demonstrate the effectiveness of nalorphine in infants born of mothers with regional anesthesia but not with general anesthesia.

In a study similar to Baker's,6 Bullough 15 reported on four groups of obstetrical patients who received either meperidine alone, a 50:1 meperidine-nalorphine mixture, a 20:1 meperidine-nalorphine mixture or a 50:1 meperidine-There were approxlevallorphan mixture. imately 100 patients in each group. milligrams of meperidine used per patient and per hour of labor was increased when either antagonist was added to meperidine. Analgesia was estimated by the patient on the day following delivery (retrospective evaluation) and the percentage of "good analgesia" increased when the mixtures were used. Amnesia (according to the midwife's assessment) was also greater after the mixture. greater amnesia, what of the validity of greater analgesia based on retrospective information?) The incidence of neonatal asphyxia was less. Few if any of the differences noted would prove to be statistically significant had they been tested. As the author admitted, the study has other limitations in that the patient groups were not randomly selected and the groups were studied consecutively over a five-year period instead of simultaneously. In this study, as in all the recent ones mentioned above, double blind conditions were not observed.

Finally, Roberts et al.¹¹⁰ measured the mean minute volume of 177 newborns whose mothers received meperidine analgesia for labor and compared this to the mean minute volume of 178 newborns of mothers who had received meperidine-levallorphan (150:1) analgesia. There was no significant difference in minute volumes between the two groups of newborns.

None of these studies could be considered to have demonstrated that the use of mixtures decreased the hazard of neonatal apnea, narcosis or depression while providing equal or better analgesia. Disregarding the failure to measure analgesia in an acceptable way, the investigators have not satisfactorily demonstrated any decrease in the incidence of neo-Three investigators 6, 15, 48 natal asphyxia. have been impressed with their ability to use higher and more frequent doses of meperidine for analgesia when it was combined with an antagonist. They did not suggest that perhaps the reason was that analgesia was also antagonized and higher doses were required. The conclusion of Lasagna 89 in 1954 seems "These results equally pertinent today. strongly suggest that there is little reason to assume the arrival of a pharmacological millennium in obstetrics because of the availability of nalorphine."

COMMENT

It would be appropriate at this point to review the mechanisms postulated to underlie antagonism of narcotics by antagonists. However Wikler has recently reviewed this subject ¹³³ and newer data would not alter his appraisal. Obviously, simple preferential substitution of nalorphine molecules at receptor sites occupied by morphine molecules could account for only a portion of the observations made. The relationship of degree of antag-

onism to dose of narcotic and the fact that abstinence symptoms (not characteristic of either narcotic or antagonist effects) appeared after an antagonist in narcotic tolerant animals and addicted humans strongly supported a mechanism suggested by both Lasagna 89 and Wikler.133 They proposed that narcotic antagonists were effective only when narcotic administration had been sufficient to produce physical dependence. Stated differently, narcotic antagonism was the result of the release of whatever cellular alterations constituted physical dependence. Wikler, Fraser, and Isbell 135 have shown that postaddicts readdicted experimentally, developed demonstrable physical dependence after only nine injections of morphine. We have suggested that two morphine injections were sufficient when antagonism of respiratory depression was measured.77 Woods 139 postulated a modified molecular substitution theory based on the dual action concept of narcotic action. theory the narcotic antagonist substituted only at sites responsible for the depressant actions of narcotics but not for the stimulant actions either because of differing receptor affinities or cell membrane characteristics. Obviously. these theories are not mutually exclusive, nor all-inclusive. For example, a simple molecular substitution theory explains well the observations on antagonism of morphine effects on the gastrointestinal and biliary tract, especially since current evidence indicates that nalorphine actions on smooth muscle are different from morphine in man. On the other hand, the physical dependence mechanism accounts nicely for the antagonism of central nervous system effects, especially the failure of antagonism of therapeutic doses of narcotics. It would also account nicely for the differential antagonism which appeared when large doses of narcotic were antagonized. Tolerance to the euphoric, analgesic, respiratory depressant, miotic, and smooth muscle actions of morphine develop at differing rates in man. 133 development of tolerance to narcotics is associated with the development of physical dependence, although these two are not necessarily related. However, a differing rate of physical dependence development for several

 This theory has been recently retracted by its major proponent, M. H. Seevers. narcotic effects could account for differential antagonism when antagonists follow a narcotic.

Regardless of theory, accumulated evidence indicates that narcotic antagonists do not produce antimorphine effects in the absence of previously administered narcotic and are only slightly or not at all effective as an antagonist unless the previously administered narcotic is in excess of therapeutic doses. The effects of simultaneously administered narcotic (in therapeutic dose) and antagonist could, therefore, not be expected to be antagonistic, but rather to be the resultant of the effects of the individual drugs. Since the effects of antagonists given alone are qualitatively similar to those of narcotics (exceptions noted in table 1), the resultant effect should be similar to that of a narcotic. If there are quantitative differences between antagonist and narcotic in potency for specific drug actions, for example, analgesia or respiratory depression, then the degree to which the specific effect would appear after a mixture would depend on the degree to which each drug was effective. Since these drugs compete for receptor sites, additive effects would not be expected. Unfortunately, insufficient data are available on the quantitative effects of antagonists alone to enable predictions of the effects of mixtures. However, since both have the same effect, any difference in degree between the effect of a narcotic compared to a mixture is likely to be small. This has been the general experience of studies in man.

The results of one study only 43 are not in accord with such an explanation. In this, patients received 30 mg. of morphine, a dose in excess of a therapeutic dose, combined with nalorphine, and euphoria and miosis did not appear. In this study, because of the amount of morphine given, antagonism may have oc-Other studies in man were not concurred. sidered by the reviewers to have satisfactorily demonstrated differential antagonism of analgesia and respiratory depression on simultaneous administration. A similar explanation could apply equally well to the animal data even though much larger narcotic doses were used and antagonism probably did occur. Since nalorphine is a much less potent drug in animals than in man, a decreased narcotic action on simultaneous administration should

be more readily demonstrated either by antagonism or competitive effects. This too has been the general experience. In only one animal study ¹⁰⁴ has differential antagonism of morphine effects been impressively demonstrated on simultaneous administration and this did not include respiratory effects. In other studies using simultaneous administration, either all parameters studied were decreased to approximately the same degree or antagonism of only one narcotic action was studied. The critical question of differential antagonism seems to have been avoided in most studies.

In accord with this speculation is the fact that only two well-conducted studies in man demonstrated a lesser respiratory depression by a mixture compared to the narcotic and in these the drugs were given intravenously.65, 125 The drugs were given subcutaneously or intramuscularly in all studies which failed to show a difference. $^{29, 43, 66, 91, 128}$ † Since Woods 140 demonstrated that nalorphine enters the dog brain three to four times more rapidly than morphine, the difference in the route of administration may account for the different results. The higher blood concentration obtained by the intravenous route may have permitted relatively more antagonist than narcotic to enter the brain. If the antagonist (levallorphan) were a less potent respiratory depressant than the narcotic (meperidine or levorphan), then lesser respiratory depression would result from a mixture or an antagonist blocking action would result. In view of this, a more pertinent comparison might be the effect of a mixture compared to the effect of the antagonist content alone. Against this argument is the recent observation 47 that in rabbits the electroencephalographic changes after intravenous nalorphine develop only after a latent period of 15-30 minutes in contrast to the prompt electroencephalographic effects observed after intravenous morphine. viously, the relative ease of penetration of the drugs into the brain is an important consideration and there are no such data for man.

The data reviewed here provide no pharmacological basis for the clinical use of narcotic-

[†] Unpublished data of Lasagna failed to show antagonism of the respiratory depression and other side actions of levorphan by the addition of levallorphan.

narcotic antagonist mixtures. It is yet to be demonstrated satisfactorily that the simultaneous administration of therapeutic doses of narcotic and antagonist to patients who have received no previous narcotic will result in lesser side actions while maintaining analgesia. On the other hand, the administration of such mixtures to patients who have received narcotics in the recent past can be expected in some circumstances to produce lesser effects than if the narcotic alone were administered. However, it is yet to be demonstrated that this antagonism does not apply equally well to analgesia as to respiratory depression. There is no pharmacologic basis at present for the use of narcotic-antagonist mixtures for preanesthetic medication, as a supplement to anesthesia, or in the treatment of postoperative or labor pain. The problems associated with the chronic administration of mixtures, especially the appearance of withdrawal symptoms, have been discussed above. Mixtures have not been found useful either for the treatment of chronic pain nor to prevent tolerance development and addiction in man.

SUMMARY

The pharmacological and clinical data pertaining to the use of mixtures of narcotics and narcotic antagonists administered simultaneously to animals and man have been reviewed. To evaluate these data critically, certain aspects of the pharmacology of the narcotic antagonists, when used alone and in relationship to narcotics, have also been reviewed. Data pertaining to the degree of antagonism of narcotic effects by antagonists and to differential or preferential antagonism of narcotic effects have been emphasized. Clinical studies designed to show that simultaneous administration of antagonist and narcotic provide analgesia equal to that of the narcotic alone with lesser respiratory depression have been reviewed in the greatest detail. From these studies as well as from theoretical considerations, the achievement of this objective by the use of mixtures of antagonist and narcotic does not seem likely with drugs studied to date.

ADDENDUM

Since preparation of this manuscript, several pertinent publications have come to our attention

and merit inclusion. L. Grumbach and H. 1. Chernov (Fed. Proc. 20: 165, 1961) reported an extensive study of the analgesic effectiveness of combinations of narcotics and narcotic antagonists simultaneously administered to the rat. The analgesic effect of ten analgesics given alone and in various combinations with nalorphine and levallorphan were measured. They found that the dose of antagonist required to reduce the analgesia of any narcotic studied by 50 per cent was a constant for each antagonist regardless of the relative potency or chemical nature of the analgesic. These results indicated that the analgesics studied have the same mode of action regardless of chemical nature and that their antagonism by nalorphine and levallorphan is effected by a common mechanism independent of the relative potencies of the analgesic.

A. C. Posner (Brit. Med. J. 1: 124, 1960) in a letter to the editor reported the results of a double blind study in which meperidine and meperidine combined with levallorphan (80:1) were used to treat the pain of labor in 1,420 patients. Posner measured the breathing time, crying time, and sustained breathing time of the newborns. newborns were grouped according to time intervals between administration of the last dose of analgesic and delivery. For some of the time intervals, the breathing time, crying time and sustained breathing time of infants whose mothers received the meperidine-levallorphan mixture were significantly shorter than those of mothers who received meperidine alone. The magnitude of the differences was not reported and no mention was made of the relative analgesic efficacy of the two treatments. Proper evaluation of this report must await publication of the data.

Eddy et al. (Eddy, N. B., Piller, M., Pirk, L. A., Schrappe, O., and Wende, S.: Bull. Narcotic 12: 1, 1960) studied the effect of the addiction of levallorphan on the rate of tolerance and physical dependence development to morphine in man. Morphine and a morphine-levallorphan mixture (50:1) were administered in a double blind fashion to 19 patients with chronic pain for periods up to 14 weeks. Tolerance development was estimated by rate of increase in dose required for pain relief and physical dependence was estimated by the intensity of withdrawal signs after periodic administration of nalorphine. Their data suggest that the addition of levallorphan decreased the rate of development of tolerance and physical dependence. However, after 4 weeks of treatment with the mixture, tolerance was definitely present in 2 of 9 patients and physical dependence was definitely present in 4 of 8 patients. When compared to the results in patients who received only morphine, the differences were not great and suppression by levallorphan was of short duration. The incidence of side effects decreased from week to week in patients who received morphine. However, in patients who received the mixture, side actions continued to appear throughout the treatment period. The authors postulated that either the addition of levallorphan deferred the development of tolerance to the side effects of morphine, or that the persisting side effects were abstinence symptoms precipitated by the levallorphan in the mixture. From the similar experience of others, the latter explanation seems the more likely to the reviewers. In this paper the authors mentioned unpublished observations of Seevers and Deneau on chronic administration of several morphine-levallorphan mixtures to monkeys. They found that the intensity of the abstinence syndrome following mixtures was definitely less than that usually seen after morphine and that a 1:1 morphine-levallorphan mixture completely suppressed physical dependence development in the monkey.

The unpublished investigations referred to in this review were supported by a grant awarded by the Committee on Drug Addiction and Narcotics, National Academy of Sciences—National Research Council, from funds contributed by a group of interested pharmaceutical manufacturers.

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