

Instructions for Obtaining ANESTHESIOLOGY Continuing Medical Education (CME) Credit

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ANESTHESIOLOGY'S Journal CME is open to all readers. To take part in ANESTHESIOLOGY Journal-based CME, complete the following steps:

1. Read the accreditation information presented on this page.
2. Read this month's articles designated for credit (listed below) in either the print or online edition.
3. Register at <http://www.asahq.org/shop-asa>. In the category, search for Journal CME. ASA members can self-enroll for easy access to the CME course. Nonmembers will need to provide payment. This month's exam can be accessed directly at: www.asahq.org/JCME2023FEB. A full list of available courses is at www.ASAHQ.org/JCME.
4. Complete the activity posttest and course evaluation.
5. Claim a maximum of 1 *AMA PRA Category 1 Credit™* by the credit claiming deadline.

Accreditation Information

Purpose: The focus of ANESTHESIOLOGY Journal-based CME is to educate readers on current developments in the science and clinical practice of anesthesiology.

Target Audience: ANESTHESIOLOGY Journal-based CME is intended for anesthesiologists. Researchers and other healthcare professionals with an interest in anesthesiology may also participate.

Accreditation and Designation Statements: The American Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this journal-based activity for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Maintenance of Certification in Anesthesiology™ program and MOCA® are registered trademarks of the American Board of Anesthesiology®. MOCA 2.0® is a trademark of the American Board of Anesthesiology®.

This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, <http://www.theABA.org>, for a list of all MOCA 2.0 requirements.

Rates

Two options are available:

	ASA Member	Non-member
Annual Fee	\$0	\$126

Payment may be made using Visa or MasterCard. Please direct any questions about Journal-based CME to: EducationCenter@asahq.org

Date of Release: January 2023
Expiration Date: January 2026

This Month's ANESTHESIOLOGY Journal-based CME Article

Read the article by Shin *et al.* entitled "Postoperative Delirium after Dexmedetomidine *versus* Propofol Sedation in Healthy Older Adults Undergoing Orthopedic Lower Limb Surgery with Spinal Anesthesia: A Randomized Controlled Trial" on page 164. The CME exam can be accessed directly at: www.asahq.org/JCME2023FEB.

Learning Objectives

After successfully completing this activity, the learner will be able to consider the risk of postoperative delirium when selecting the sedative to administer during intraoperative sedation, determine whether perioperative administration of vasoactive agents is required in patients who were sedated with dexmedetomidine or propofol during lower extremity orthopedic surgery with spinal anesthesia, and discuss the characteristic progression of delirium associated with propofol and dexmedetomidine.

Disclosures

This journal article has been selected for and planned as a journal CME activity, which is designated for *AMA PRA Category 1 Credit™*. The authors disclosed relationships in keeping with ANESTHESIOLOGY'S requirements for all journal submissions. All relationships journal authors disclosed to ANESTHESIOLOGY are disclosed to learners, even those relationships that are not relevant financial relationships, per the ACCME'S requirements for CME activities.

Editor-in-Chief: Evan D. Kharasch, M.D., Ph.D., has disclosed no relevant financial relationships with commercial interests.

CME Editors: Leslie C. Jameson, M.D., has disclosed no relevant financial relationships with commercial interests. Dan J. Kopacz, M.D., has disclosed holding an equity position with Solo-Dex, Inc.

ASA Staff: Kari Lee and Anne Farace have disclosed no relevant financial relationships with commercial interests.

Disclaimer

The information provided in this activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

DOI: 10.1097/ALN.0000000000004471