MIND TO MIND

Creative writing that explores the abstract side of our profession and our lives

Stephen T. Harvey, M.D., Editor

Q&A in the OR

Nathaniel J. Brown, M.D., Ph.D.

The sharp, green waves and staccato beeps sing your heart rate from my monitor—

a background sound so familiar it seeps into me without effort. But, while you're drifting under,

the sounds, and the waves, change abruptly: a new rhythm.

It is your first question, and it's urgent.

I answer with a question, too: a push from a syringe, and a whisper of encouragement.

You say nothing at first, instead, slowing, pausing...too long—this conversation can't be over.

I push on your chest firmly, but gently.

I need to help

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your failing heart.

It just wants a touch,
some external coaxing.

I wait, anxious, for your response.

I hope it doesn't show.

Is this the end? How hard will it be?

Your eventual answer, which I liked, and the time it took to give, which I liked less, foretell the day's many ups and downs.

It's just the beginning of our discussion.

We'll both have more questions.