

Instructions for Obtaining Anesthesiology Continuing Medical Education (CME) Credit

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ANESTHESIOLOGY's Journal CME is open to all readers. To take part in ANESTHESIOLOGY Journal-based CME, complete the following steps:

1. Read the accreditation information presented on this page.
2. Read this month's articles designated for credit (listed below) in either the print or online edition.
3. Register at <http://www.asahq.org/shop-asa>. In the category, search for Journal CME. Nonmembers will need to provide payment.
4. Complete the activity posttest and course evaluation.
5. Claim a maximum of 1 *AMA PRA Category 1 Credit™* by the credit claiming deadline.

Accreditation Information

Purpose: The focus of ANESTHESIOLOGY Journal-based CME is to educate readers on current developments in the science and clinical practice of anesthesiology.

Target Audience: ANESTHESIOLOGY Journal-based CME is intended for anesthesiologists. Researchers and other healthcare professionals with an interest in anesthesiology may also participate.

Accreditation and Designation Statements: The American Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this journal-based activity for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, <http://www.theaba.org>, for a list of all MOCA 2.0 requirements.

Rates

Two options are available:

	ASA Member	Non-member
Annual Fee	\$0	\$120

Payment may be made using Visa or MasterCard.

Please direct any questions about Journal-based CME to: EducationCenter@asahq.org

Date of Release: March 2022

Expiration Date: March 2025

This Month's ANESTHESIOLOGY Journal-based CME Article

Read the article by Bouvet *et al.* entitled "Pregnancy and Labor Epidural Effects on Gastric Emptying: A Prospective Comparative Study" on page 542.

Learning Objectives

After successfully completing this activity, the learner will be able to assess the probability of an empty stomach after a light meal in women who are parturients, pregnant, and not pregnant; recognize the protocol used to study the fraction of gastric emptying of a light meal; and explain the effect of labor epidural analgesia on gastric emptying of a light meal or liquids.

Disclosures

This journal article has been selected for and planned as a journal CME activity, which is designated for *AMA PRA Category 1 Credit™*. The authors disclosed relationships in keeping with ANESTHESIOLOGY's requirements for all journal submissions. All relationships journal authors disclosed to ANESTHESIOLOGY are disclosed to learners, even those relationships that are not relevant financial relationships, per the ACCME's requirements for CME activities.

Editor-in-Chief: Evan D. Kharasch, M.D., Ph.D., has disclosed no relevant financial relationships with commercial interests.

CME Editors: Leslie C. Jameson, M.D., has disclosed no relevant financial relationships with commercial interests. Dan J. Kopacz, M.D., has disclosed holding an equity position with Solo-Dex, Inc.

ASA Staff: Kari Lee and Anne Farace have disclosed no relevant financial relationships with commercial interests.

Disclaimer

The information provided in this activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

DOI: 10.1097/ALN.0000000000004179